



Skene Parish Church

## Year of Young People

### Young Heroes

**Guidelines for those who may be nominating someone for the award.**

#### **Young Carers Award**

A child or young person

- who provide regular and ongoing practical, personal care and/or emotional support to a family member who has a physical, learning or mental disability, or who misuses substances, or where there are issues of domestic violence.

#### **Young Carers - criteria - Please tell us.....**

- What is the situation in which the young person operates in a caring role
- What is the nature of the support which she/he provides?
- Specifically, what are the functions that he/ she performs?
- How often and for how long does she/he carry out the caring role - daily, weekly, monthly?
- How long has he/she been doing this?
- In view of her/his age, how exceptional is it that she/he can be expected/ is able to do this?

#### **Coping with Adversity Award**

A child or young person

- who has kept smiling against all odds in coping with or overcoming serious illness, and who deserves to be celebrated for their extraordinary courage. *or*
- who may have overcome adversity and become positive role models and/or helped their community. *or*
- who may face a number of challenges on a daily basis but doesn't give up. *or*
- who has shown exceptional courage, bravery and inspiration in the face of adversity.
- Someone with a fighting spirit who refuses to be beaten.

#### **Coping with Adversity - criteria; Please tell us.....**

- How long has he/she faced this challenge e.g. from birth, early child-hood, etc.?
- How has it impacted on her/his daily life in matters such as socialising, taking part in activities/sport, education?
- What restrictions does the difficulty impose?

#### **General Criteria;**

- Young person must be in the age range 8 to 26 yrs old - see separated age ranges
- Young person must live within the Skene Parish boundary  
(ie; Westhill, Elrick, Kirkton of Skene, Easter Ord, Garlogie, Lyne of Skene, Drumstone, Auchincleach, Brodiach)
- Young person will have shown exceptional effort, talent spirit and/or fortitude.
- True Heroes- even at their young age!