Westhill Bulletin

Autumn 2015 Issue 143





Published by Westhill & Elrick Community Council Westhill website – www.westhillelrick.org





With over 150 carers, Raeburn Healthcare provide around the clock care and support in the home enabling you to maintain your independence for longer.

Established in 1991, Raeburn Healthcare is a reputable, reliable local healthcare company led by trained nurses. We offer care at home services which are provided by highly trained, screened care workers throughout Grampian and Angus. You will have the comfort of being cared for by Carers many of whom are highly skilled and many hold SQA qualifications in Health and Social Care.

We can provide the following services:

Private Care

We offer tailored flexible packages of care and support including complex care requiring more than one carer, support and rehabilitation on discharge from hospital, respite and holiday care services.

Self-Directed Support (SDS)

With Raeburn Healthcare's assistance, take control of your care with Self Directed Support and reach your goals. We can enable you to manage your budget, provide high quality care services or assist you with all HR services to employ your own Personal Assistant.

Domestic assistance

Raeburn Healthcare's team of screened and trained domestic care assistants can help you out. All of our domestic assistants are Protection of Vulnerable Groups (PVG) screened. We can provide light domestic cleaning, laundry, shopping and meal preparation assistance.

Enablement and training in living independently

We can provide training in essential tasks such as being safe, bathing, cooking and shopping. We can also assess whether a person needs mobility aids and assist in provision and training in their use.

Training

We can train family members and carers to look after their loved ones and train Personal Assistants.

Security, Safety and Monitoring support

Following an initial assessment of Security and Safety Raeburn Healthcare can recommend measures that should be taken to keep you safe. We can provide medicine prompts by phone, pop in to make sure a person is safe and advise on electronic remote monitoring services.

Social Activities

Would you like to learn a new skill or keep you mind and body active? We can provide activities in your own home or we can accompany you to attend events in your community.

Please phone us to arrange a free consultation and care plan at our Consultation Clinic at the address below. Or we can come and visit you.

Raeburn Healthcare Ruby House Ruby Place Aberdeen, UK AB10 1QZ

Tel: 01224 628700 Email: care@raeburncare.com www.raeburncare.com

CONTENTS

Office Bearers Report	3	Westhill & District ASC	65
Art Feature at the Gateway to Westhill	4	Westhill Community Church	66 & 67
Cllr. David Aitchison	7	Westhill A2B Dial-a-Bus	71
Cllr. Iris Walker	9	Westhill Men's Shed	72
Cllr. Amanda Allan	11	Citizens Advice Bureau	73
Cllr. Ron McKail	12	Westhill Walkers	75
Kirkton of Skene Playgroup	13	Milne Hall, Kirkton of Skene	76
Westhill Website	13	Pam Dignan Dancers	76
Bill's Gardening Corner	14	Bob Owen - Arctic Convoy veteran	81
Community Learning & Development	15	Scouting	
Westhill Library News	17	Rotary Člub	83
Clean Up Westhill	21	Skene Parish Church	84
SensationALL		Gardening Club	85
Another Blooming Success!	23	Westhill Art Project	85
Ashdale Hall		The Physio says	86
Community Council Donations	27	Boys' Brigade	88
Tennis Club	27	Skene Medical Group – Patient Info	89
Girls' Brigade	28	Westhill & District Community Sports &	
Skene Walled Garden Project Launch	28	Leisure Hub	90
Bon Accord Bulls Rugby League	29	Westhill Open Award Group	92
Skene Singers	29	Westhill & District Senior Citizens Club	92 & 93
Sooyang Do Black Belt Testing	30	Westhill Walking to Health	93
Volunteering in Westhill	30		
Golf Club		See also Notices List on the next pag	e and
Macmillan Cancer Support	65	Adverts Index on page 96	

SUBMITTING ITEMS FOR THE BULLETIN

The Westhill & Elrick Community Council distribute over 5000 copies of the Westhill Bulletin quarterly to houses and businesses in Westhill and surrounding villages. We offer good advertising rates and are keen to support local businesses and services.

Adverts and articles for the autumn issue should be sent in by **Monday 26th October**, for distribution in late November.

All contributions or enquiries should be emailed to:

wecc.bulletin@westhillelrick.org (Note this is a new email address for the Bulletin), or posted to:

11 Fare Park Drive, Westhill, AB32 6WE Telephone enquiries to:

Bulletin Secretary – Fatima Mansoor on 01224 741909 or 07910 300934 or Bulletin Editor – David Ritchie on 01224 744058 or 07989 637461

Articles should be submitted as **Microsoft Word** documents attached to an email. Articles larger than 450 words may be edited.

2015 advertising rates:

Black & white – 1/4 page £35, 1/2 page £58, full page £110

Colour – Centre pages – 1/4 page £58, 1/2 page £105, full page £180

Colour – Inside covers £200, back page £230

(There is a small additional one-off charge for new adverts and when changes are made)

BULLETIN DELIVERY

The Bulletin is delivered by an army of dedicated volunteers. More deliverers are always required for the ever-expanding Westhill and to replace retiring helpers.

If you can spare an hour or so four times per year to help deliver the Bulletin in your locality or nearby then please ring David Ritchie on 01224 744058.

NOTICES

Household Waste & Recycling Centre5	Scaffold Tower Hire17
Library Opening Times5	Westhill Community Centre Leisure Activities24
Lions Club Book Sales5	Young Drivers Pass Plus Course Grant25
Westhill Service Point5	Westdyke Leisure Centre77
Jogscotland in Westhill13	Useful Numbers95

Westhill & Elrick Community Council

Chair

vacant

Vice-Chair

Audrey Findlay, 26 Kinmundy Green Tel (01224) 740733

Secretary

weccsecretx@gmail.com John Imrie, 41 Kinmundy Drive Tel (01224) 740720

Minutes Secretary

Becky Ferguson, 19 Mains Circle Tel (01224) 740277

Treasurer & Bulletin Manager wecc.treasurer@westhillelrick.org

wecc.bulletin@westhillelrick.org David Ritchie, 11 Fare Park Drive Tel (01224) 744058

Web-master

wecc.webmaster@westhillelrick.org David Ewen, 1 Lawsondale Drive Tel (01224) 740464

Ordinary Members

- Andy Duggan, Tel (01224) 744148
 3 Meadowlands Court
- Alan Eastell, Tel (01224) 742361
 9 Straik Place, Elrick
- Dave Fisher, Tel (01224) 742674
 7 Morven Circle
- Bill Loudon, Tel (01224) 379134
 32 Lawsondale Drive
- Rosemary Murray, Tel (01224) 740644
 1 Dean Gardens
- Kieran Rorie, Tel 07902 836596
 9 Meadowlands Avenue
- Ken Seward, Tel (01224) 743644 30 Dawson Brae
- Raymond Swaffield, Tel (01224) 740669
 24 Kinmundy Avenue
- Mervyn Barr, 6 Kingswells View Tel (01224) 744265

Community Council meetings are held on 2nd Thursday of each month at 7pm in Holiday Inn West, Westhill and are open to all residents of Westhill & District

The agenda is placed in the noticeboard near Co-op a week before the meeting and also posted on the website www.westhillelrick.org

Minutes are also posted on the website, in 'About Us' area

Office Bearer's Report

Our WECC Chairperson, Mervyn Barr, stood down in June. We are very sorry to lose Mervyn after 2 years in the role of Chairperson. When he joined us in September 2013, his energy and drive was extremely welcome, but owing to work commitments, it has become very difficult for him to carry on. WECC members and the whole community want to thank Mervyn for his dedication to the role he took on, and the effort he has put into promoting the Community Council as an important body in our area. He is remaining as a WECC member at the present and his input to the organisation will continue to be of great value.

WECC are therefore now looking for a new Chairperson to lead us in our activities supporting the Westhill and Elrick area, by striving to ensure that we improve the quality of life in our community. We appreciate that people lead busy lives, but volunteering in the activities in the community that we live in, can be very rewarding. If you are interested in joining WECC in an active role as a member, please contact the Secretary.

Shopping Centre

The Shopping Centre developments including an increase in spaces in the car park, have now been completed. Home Bargains, Costa Coffee and Town & Country Veterinary Practice are now open, or about to open, with one unit still to be let. Additional improvements to the external fabric of the original shopping centre are still to be carried out. Details of these improvements will be advised by the management company.

A sculpture has been commissioned by the Shopping Centre developers and is expected to be unveiled in September. This will be located adjacent to the roundabout at the corner of Westhill Drive and Old Skene Road.

Business Park Development

The effect of the drop in the global oil price has become very evident and has been reflected in the slowing down of the progress of the approved business developments in Arnhall Phase 3 site on the south side of the A944. As most of you will also be aware, there has also been a significant loss of related jobs in our residential community as well as the Westhill business community.

Planning Permission Appeal

The proposed office development adjacent to Skene Health Centre on Discovery Drive was 'Refused' by Aberdeenshire Council and was then appealed by the developers. This appeal was recently 'Dismissed' by the Scottish Government reporter.

WECC supported the medical practice at the Health Centre throughout the process, by sending our comments and reasons for refusal of the planning application to the Planning Department during the initial process, then requesting our local councillors to 'Refuse' the planning application, and finally by writing to the government reporter with our concerns regarding the new development. This turned out to be a success and hopefully ensures that the Health centre will have space to expand in the future.

AWPR

Progress on the construction of the AWPR is rapidly moving ahead and will have a significant impact on road travel on the A944 and other roads over the next $2\frac{1}{2}$ years. However, once completed, the benefit to the whole of the NE area will be a major bonus.

For further information on progress, go to our website www.westhillelrick.org and click on the AWPR tab on the home page.

Art Feature at the Gateway to Westhill

WECC are expecting to start the process in the next few weeks for a significant Art Feature at the 'Gateway to Westhill'. Please see the article on page 4.

Hanging Baskets

WECC has been responsible for the hanging baskets and tubs in Westhill for quite a number of years. This year, the Rotary Club of Westhill & District supported the community by providing most of the man- and woman-power in carrying out this work. For the full story, go to page 23.

The Annual General Meeting of WECC will be held on Thursday 10th September at 7pm at the Holiday Inn on Westhill Drive. All are welcome to attend and participate. We particularly want to know your views on anything affecting you as a resident in this community as well as potential improvements to our area.

Audrey Findlay, Vice Chairperson; John Imrie, Secretary; David Ritchie, Treasurer

Art Feature at the 'Gateway to Westhill'

In the next few months, WECC are expecting to start the process for the design, production and installation of a significant Art Feature at the 'Gateway to Westhill', to help celebrate the 50th birthday of the new town of Westhill which was started to be built in the late 1960s. This will take the form of a piece of Public Art and will require the engagement of both the residential and business community.

The idea for this latest Art Feature in the Westhill area has been developed from a planning condition attached to the granting of planning approval for the commercial development on the south side of the A944 just before the 'Welcome to Westhill' stone. However, it was agreed that extensive landscaping was a better proposition for the area between the road and the commercial development, and that the Art Feature should be located elsewhere but still within the 'Gateway to Westhill' area.

WECC define the 'Gateway to Westhill' as the approach to Westhill from Aberdeen along the A944, after the Aberdeenshire boundary sign and as far as the roundabout at Westhill Drive. We believe that somewhere in this area, is the most probable location for such an Art Feature. A likely location could be on the large piece of Aberdeenshire Council owned land on the NE corner of the roundabout between Westhill Drive and the A944, which is currently grassed and with a few bushes. We expect the Art Feature to reflect the farming and rural heritage, and the growth of the oil and gas industry in our area. This could possibly be in the form of a large piece of sculpture that would provide a focal point as well as projecting the identity of Westhill into the public domain.

Inevitably there are costs in creating and installing a piece of Public Art and it is expected that there will be fund raising activities required but at the moment we are only in the very early planning stage of this project. There are various grants available for Public Art as well as funding which can be applied for from other sources.

As this will be a piece of Public Art, there are a number of formal steps to be followed that include the writing of an 'Artist's Brief'. However, before we get to that stage, WECC want to get preliminary feedback from residents and local groups to gauge the level of interest in such a feature in our town. We will also consult with businesses based in the Westhill area to find out if they are interested in being involved.

If you have any ideas or questions regarding an Art Feature for the 'Gateway to Westhill' or potential locations, please contact the WECC Secretary. We do want your interest and your involvement in what we hope will be an iconic Art Feature that will last for many years.

Westhill & Elrick Community Council (WECC)
Contact: John Imrie, Secretary
weccsecretx@gmail.com
01224740720
www.westhillelrick.org

Westhill Household Waste & Recycling Centre Westdyke Avenue, Westhill



Recycling facilities for:

Glass Bottles & Jars, Paper, Cans, Plastic Bottles, Textiles, 'Tetra Pak' type cartons, Garden Waste, Household Batteries, Lead Acid Batteries, Engine Oil, Electrical Appliances, Pressurised Containers, Scrap Metal, Wood, Hardcore & Rubble, Tyres

Opening Hours

Monday to Sunday Late night Tuesday

9.00 am to 5.00 pm

5 - 8 pm April to Sept.

LIBRARY OPENING TIMES

Monday 10.00 am7.30 pm

Tuesday 10.00 am5.00 pm

Wednesday 1.00 pm7.30 pm

Thursday 10.00 am5.00 pm

Friday 10.00 am5.00 pm

Saturday 10.00 am1.00 pm

Remember to bring your Borrowers Card.

Westhill Library Westhill Drive 01224 741312

Aberdeenshire



COUNCIL

Westhill Service Point

From April 2015, Aberdeenshire Council's Service Point is available at Westhill Library. Customers will now be able to access Council services during the following hours:

Monday - 10.00-7.30

Tuesday - 10.00-5.00

Wednesday - 1.00-7.30

Thursday - 10.00-5.00

Friday - 10.00-5.00

Saturday - 10.00-1.00

Police Scotland queries continue to be dealt with at the Police Station, via the intercom or customers can call 101.

Westhill and Skene Lions Club

CHARITY SALE OF BOOKS, DVDs & CDs AT WESTHILL SHOPPING CENTRE

1ST SATURDAY EACH MONTH 9am to 12pm

NEXT 3 SALES ARE

5th September, 3rd October, 6th November

All proceeds go to local good causes

Donations of books, etc., welcome on the day or telephone

0845 833 5963



Maria Dow MSc RD MBDA
Freelance Dietician
Tel 07967 739706
maria@dowsdiets.co.uk

Professionally Delivered Dietary Solutions

Registered dietician experienced in:

- Weight Management using The Counterweight programme*
- Type 2 Diabetes, Raised Cholesterol and High Blood Pressure
- · Irritable Bowel Syndrome (Fodmap trained)
- · Nutrition in Pregnancy, breastfeeding and weaning
- Food Allergies and Intolerances
- · Nutrition for Sport
- · Nutritional analysis of recipes and menus

Clinics held at Westhill Health and Therapies Clinic, Unit 5, Westhill Shopping Centre

*Counterweight weight management programme is tested in the NHS setting on over 10,000 patients across Scotland.

70% lost weight.

Tel: 07967 739706

Email: maria@dowsdiets.co.uk



ABLE FENCING

All Wooden fencing supplied and erected.

All repairs carried out on all wooden fencing.

All chippings/chuckies supplied and laid.

Established 28 years

Tel: 01224 782451 Mob: 07986 292821

Alison Donaldson BAcc CA

How is my business doing this month?

I'd love to grow my business can I afford it? I wonder what our profit will be this year?

I need a Chartered Accountant, but can't afford one on a full, or even part time basis....

I am a member of the Institute of Chartered Accountants of Scotland, with 15 years experience across a wide range of businesses and industries, and currently a director and trustee of a leading Scottish charity, specialising in the following areas:

- Monthly management accounts
- Annual accounts
- · Budgeting and forecasting
- Cashflow forecasting
- · Business planning

If you feel your business could benefit from any of the above and wish an informal and, initially, free discussion about your business requirements, then please contact me on:

AlisonDonaldsonCA@yahoo.co.uk or T. 07711 043865

Member of the Accredited Register of Foot Health Practitioners

Qualified Foot Health Practitioner







Routine & Preventative Foot Care · Corns/Hard Skin Toenail Cutting · Verrucae

Trudi C Deans

DipCFHP MPSPract

M: 07598 382597

HOME VISITING PRACTICE • APPOINTMENTS AVAILABLE
NEW PATIENTS WELCOME



Councillor David Aitchison

In previous bulletin articles I have discussed the importance of individuals taking an active part in the planning process either in support of or against an application. However there are many other opportunities for the opinions of our community to influence decisions which will affect us all and it is essential that we take part when organisations ask for our opinions.

Aberdeenshire Council for example carries out consultations on many subjects. most recently on the potential rezoning of primary school catchment areas. Earlier this year our local bus service provider consulted with the community on the issue of services in our area.

These opportunities to take part in the decision making process are important and extremely worthwhile because they mean that decisions can be made with the views of the local community being considered. The Westhill & Elrick Community Council website and Aberdeenshire Council advertise when these consultations are taking place. Take time if you can to periodically check and provide feedback and opinion on the issues and subjects which most affect you.

The construction of the Aberdeen Western Peripheral Route is now well underway and can now be seen where it will cross the A944 between Westhill and Kingswells. Updates on the progress of the project can be found at the Transport Scotland website www.transportscotland.gov.uk.

I can be consulted at any time by telephone or email on any issue and also hold monthly surgeries at Westhill Library on the first Wednesday of each month from 6-7pm. My next surgery dates are 2nd September and 7th October.

Councillor David Aitchison

2 Fare Park Circle, Westhill, AB32 6WJ Tel 01224 741301, Mobile 07876 475227

cllr.d.aitchison@aberdeenshire.gov.uk @@aitchisondavid





bike repairs and servicing

gears, brakes, wheels... new parts supplied.... collection and delivery quality bikes for sale...

tel 01224 744645 mob 07980 858169



A Pal for Your Paws

Dog Walking & Cat Sitting Services



Karen Barbour BA(HONS)

07749 260 429

pawpal@btinternet.com

NATURAL NAILS

Qualified In-House/ Mobile Beautician

GELISH NAILS * EXTENSIONS MANICURES * DELUXE MANICURE * WAXING *

WEDDING PACKAGES AVAILABLE (TAILOR-MADE FOR YOUR SPECIAL DAY)

GIFT VOUCHERS AVAILABLE

Call Yvonne: 01224 745770/07590 028314 15 SOUTER GARDENS, WESTHILL e-mail: yvonnepeerless@gmail.com FACFROOK: NATURALNALIS



GROUNDWATER BUILDING DESIGN

We have over 20 years working with individual and corporate clients on a number of small, medium and large architectural projects throughout the northeast

Full design service · Building consents obtained
 Extensions and alterations · Conversions · New builds

Tel: 01224 782035 Mob: 07783 148045 Email: info@groundwaterdesign.co.uk Bracken Road Portlethen AB12 4TA www.groundwaterdesign.co.uk



Cllr. Iris Walker (Ward 13), Westhill and District

In the blink of an eye, summer has once again passed by. I hope everybody had a chance to relax and get a break from the daily routine, whatever that might involve. I know that for some volunteers, the summer months can be the busiest. I was lucky to enjoy a number of local events including a fundraising evening held by the Duke of Edinburgh Award group, our own Westhill Gala, Echt Show and a country music festival! All made possible by the hard work and dedication of local volunteers.

Landscape services

During the summer, I have had many emails and phone calls about maintenance of grass verges. I know Landscape Services have been working flat out to keep up with requests. Verges are maintained in accordance with the national code of practice. The current regime sees verges cut once a year with additional cutting as and when required at junctions and other locations where visibility is affected. I know from past experience that any request made on the grounds of safety is dealt with by the service immediately and I do appreciate residents reporting any areas of concern. Issues can also be reported via the council website or by telephoning 03456 08 1205.

Factoring issues

Factoring issues have also dominated my mailbox over the summer. Generally when new housing estates are built, where the council used to maintain open spaces, developers are choosing to outsource this work to factors. This means that residents pay a separate charge to that factor or maintenance company. Sometimes the small print is not fully explained to the resident, or the breakdown of charges is not transparent. Sometimes the work which is supposed to get done doesn't get done and this leads to disputes between developer/factor/resident/local authority. I am glad to hear that Aberdeenshire Council officers are working on an action plan on how we can help residents have more control over their factoring services in the future. We need to make sure that each partner involved is fully aware of issues and options available right from the pre-planning stage through to handover of the property and beyond. In the meantime, there is a Code of Conduct which property factors must adhere to and this can be found at www.gov.scot/Resource/0039/00397542.pdf

Pedestrian crossings

Several residents have contacted me asking if an additional pedestrian crossing could be considered on the west side of Old Skene Road, particularly as the Broadshade development continues to bring more people and traffic in to the area and children walking from areas in Elrick up towards the Academy are limited for safe crossing places; the nearest pedestrian crossing on Old Skene Road being near Brimmond. There is quite an extensive list of criteria to be met before resources are allocated to a new crossing, but I am pleased that the Roads service has agreed to carry out two initial surveys; at least one of which should have been carried out by the time this goes to print and I will continue to update as progress is made.

Please get in touch

My surgeries are on the first Saturday of the month (excluding January and August) from 10–11am at Westhill Library or you can contact me by phone on 07876 475272, email *Cllr.I.Walker@aberdeenshire. qov.uk*, contact me online at *www.iriswalker.co.uk* or Facebook/Tweet me.



Cllr Iris Walker - Westhill and District



iris tweets

Cllr. Iris Walker. 2 Burnland Place, Elrick, Aberdeenshire, AB32 6JU

WESTHILL & DISTRICT COMMUNITY MINIBUS

Two WESTHILL COMMUNITY MINIBUSES are available for hire by clubs and organisations

One bus takes 14 passengers + driver, the other takes 16 passengers + driver

Driver Supplied or Self-Drive CONTACT DAVID RITCHIE 01224 744058 or 07989 637461



Email: westhill.minibus@gmail.com
*Volunteer Drivers Wanted
for a few hours each month

The little Plumber

No job too little

Prompt and reliable service

- Domestic plumbing repairs
- Toilets, basins, sinks, taps
- Chokes, leaks

David White

(CIPHE Registration Number 00039660) 26 Harvest Hill, Westhill, AB32 6PU Tel: 01224 744461 or 07776 233559 (m) E-mail: admin@littleplumber.co.uk www.littleplumber.co.uk





A.J. LANDSCAPES LTD.

Tel: 01224 784109

Lock Blocking. Paving. Fencing. Walling. Turfing. Hedge trimming. Garden tidy-ups.

Free no obligation estimates.

BOB DEANS

Quality Painter & Decorator

Interior & Exterior

Private and Commercial

Ames Taping

COMPETITIVE RATES - NO VAT

For a prompt and reliable service Tel: 01224 692577

Mobile: 07901 696980

Email: bob@rdeans.fsnet.co.uk

Councillor Amanda Allan



Hello Everyone

I hope you have been having a good summer although it hasn't felt much like it weather wise. Maybe we will have an Indian Summer. Here's hoping.

On 2nd June I went along to the Broadshade housing estate in Westhill to meet Alex Neil the Cabinet Secretary for Social

Justice, Communities and Pensioner's Rights. He was visiting Westhill to see the nearly completed Mid Market Rent Properties that have been built. Aberdeenshire Council have formed an arms-length organisation to build new properties for rent and the ones in Westhill have been the first of them. There will be more across Aberdeenshire and will go a little way to making a dent in the large housing waiting list in the area.

On 27th June I went along to say goodbye to the fish van that has been coming to Westhill for around 14 years. Moira and John of J.H. Milne, the Old Smokehouse, Peterhead had been coming to Old Skene Road every Saturday and proved extremely popular. They rarely missed a day and this would only be if the weather proved too bad for them to travel from Peterhead. Moira told me about how they used to travel all over the



North of Scotland and even to the west coast with their van. It was sad to say goodbye but they still have their shops in Rose Street, Aberdeen and Peterhead.

On 29th June I attended a workshop with other Aberdeenshire Councillors and officers to discuss the 'City Region Deal'. This is a large bid for funding to the Westminster Government to improve the infrastructure in Aberdeen and surrounding area. Westhill could well be an area that could benefit from this if it goes ahead as we are close to Aberdeen and a major employment area in need of improvements in roads etc. It will be some time before we find out if the bid is successful but the Council officers are working hard to secure our part in the deal.

The AWPR junction work is ongoing on the A944 and the current works are to erect a temporary bridge so that construction traffic can travel the length of the road site with as little disruption as possible to the traffic. It is quite exciting to see the engineering works going on as the road takes shape.

As ever if you want to contact me regarding council issues my contact details are 31 Westdyke Avenue, Elrick, Westhill, AB32 6QX; *cllr.a.j.allan@aberdeenshire.gov. uk*; 01224 740679/07748 625160.



Cllr. Ron McKail (Ward 13), Westhill and District

Westhill Primary Schools Rezoning of Catchment Areas

Aberdeenshire Council is proposing that the existing primary school catchment areas within the Westhill network should be amended with effect from August 2016; and that from this date all new pupils attending primary schools within the Westhill network should attend their newly zoned school. The council is also proposing that all existing

primary pupils should continue their education at their current school. If these proposals are implemented, any siblings of current pupils would be able to join their brother/sister(s) at the same school. The consultation will extend to 9 October 2015.

A public meeting will be held on Thursday 10 September 2015 at Crombie School at 7pm to discuss the proposals. Anyone wishing to attend the meeting is free to do so.

Westhill's Gull Problem

Gulls nesting and hatching their chicks on house roofs is happening in Westhill and from the telephone calls I have received this can be annoying, depressing and frightening for the householder. Particularly so if the gulls, in protecting their newly born chicks, attack you.

If the chicks have hatched the householder will need to wait until the 'birds have flown the nest' before they can take any action to 'proof' their roof. This can take up to six to eight weeks. The advice from Aberdeenshire Council to deal with this gull problem (during the nesting stage and after the chicks have departed) is to contact their preferred appointed contractor **Pro-Check Environmental Services (Northern) Ltd (0844 800 6484)** who have special rates for householders. Their deterrent methods include fitting spikes to chimney stacks and dormer roofs, along with netting to prevent gulls landing. They can also arrange for the eggs to be pierced or oiled to prevent hatching. Specialist advice can be obtained from the Council's Environmental Officers on **01467 628153**.

Information is also available at https://www.aberdeenshire.gov.uk/environmental/ SeagullNuisanceleaflet.pdf

Unstinting Efforts by Echt Volunteer Recognised

I was pleased to recommend Liz Watt a hugely respected member of the Echt community to have her services as a volunteer recognised and acknowledged by Aberdeenshire Council's Provost Councillor Hamish Vernal. Liz is presently session clerk of Echt Church and totally involved in all church activities. She is a Past President and secretary of Echt Rural. A past leader, over many years, of Echt Brownies and District Guiding



official. An Echt Show committee member. Speech making coach of Echt young farmers club. Undoubtedly highly respected for the amount of unstinting effort she puts into her local community.

Please contact me if I can be of help in following up on your queries and concerns.

Councillor Ron McKail 17 Brimmond Drive, Westhill, AB32 6SZ
Tel 01224 742095; Mobile 07767 663787
email cllr.r.mckail@aberdeenshire.gov.uk.

Kirkton of Skene Playgroup - Manager required

Kirkton of Skene Playgroup are a long running playgroup/pre-school setting, a partner provider with Aberdeenshire council for the provision of early learning and childcare services for children 2.5 to 5 years old.

We are currently seeking an Early Years Manager approx. 20–25 hours per week term time. HNC/SVQ3 Childcare, Learning and Development (or equivalent) minimum qualification required.

Visit our Facebook page (https://www.facebook.com/kirktonofskeneplaygroup) for further information or call Fiona on 01224 747843.

WESTHILL WEBSITE www.westhillelrick.org

The new Westhill & Elrick Community Council website is one-stop shop for information about the town, including the services on offer.

We are currently building our business contacts page so residents know where to find what they need.

It's also a great platform for retailers and service providers – as well as charities and social enterprises – to showcase what you do.

WECC sees local businesses as an integral part of the community and aims to promote linkages where we can.

On a day-to-day basis that means encouraging people to get the most of Westhill and Elrick by exploring its shops, cafes, restaurants, hairdressers, supermarkets – the list goes on.

Ours is a thriving town and a buoyant local economy is very much part of that

For further details about what we do and how you can add your presence to our website, visit www.westhillelrick.org.

JOGSCOTLAND IN WESTHILL

We meet on a Monday and Thursday night at Westhill Swimming Pool, 6.30–7.30pm

Catering for all ages in our walk/jog programme.

Further info from **Heather Cook** on **01224 741194** to like us on Facebook Jogscotland-Westhill

BILL'S GARDENING CORNER

Smile, all is not lost (we hope). What can we say, as one elderly farmer said to my wife: "The good lord made the day, but he had no control over the weather. That was mother nature."

This has been a good year for the snails and slugs, fine for birds and hedgehogs, not so for gardeners. If you use pellets to control them remember to sweep them up in the morning and put them in a bag and into the rubbish bin, this helps to avoid slipping accidents.

As we head into another season it is the pruning, collecting cuttings and planting time.

Take a good look at your garden, if you are one of the people who like to take photos of plants and flowers or the layout of your hard work, now would be a good time for readjusting your choice of planting projects for next year. Having gone through all that, it's bulb choosing time for planting in September/October.

Clearing all past flowers, composting, and general tidying up, and while you are doing that, just think – no matter what the weather is like we can still have colour in the garden. It may not be what we planted, the wind and birds do some planting too!

Enjoy your garden whatever the weather.

Bill Loudon



CUMMING FIRE & SECURITY LTD

Tel: 07817 749943 Email: cfs.ltd@dial.pipex.com



FREE ADVICE & QUOTATIONS EVENING SURVEYS AVAILABLE

Intruder Alarm Systems, Wired or Wireless
Fire Alarm Systems, Wired or Wireless
Fire Extinguishers and Blankets
Electrical Work – All Types
Smoke & Heat Alarms
Portable Appliance Testing
CCTV and Door Entry Systems
Window and Door Lock Replacement
Safes and Cabinets
Safety Signs and Equipment



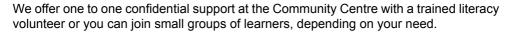
For Peace of Mind at Work or Home – Call Us Now



Community Learning and Development Opportunities at Westhill Community Centre

Learning can be enjoyable and we can help you improve your skills and confidence to get back into learning whether it's at work, home or part of everyday life. All you have to do is tell us what you want to learn and we will try our best to help you achieve it. The support we give you is confidential and free. We can help you:

- Improve your Reading, Writing, Spelling and Number Skills
- · Fill in forms and/or timesheets
- To make decisions and solve problems
- Write Letters or CV's
- · Understand Bills or Labels
- Help with your Driving Licence Theory Test
- · Read stories to your children, help them with homework
- How to use a computer



E.S.O.L. (English for Speakers of other Languages)

If English isn't your main language, why not join a course to help improve your English and make it easier to:

- · Talk to doctors and teachers
- Join a course and get a qualification
- Help your child with homework
- Understand the laws and customs of the UK
- · Become more socially active in your community
- Source employment opportunities

Courses are offered at the Community Centre from Beginners to Elementary and Pre-Intermediate to Upper Intermediate levels, we will offer support at the level that is right for you.

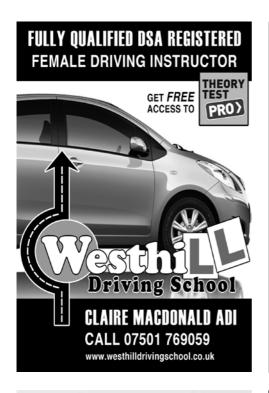
Literacies Volunteering Opportunities

If you are looking for a challenge in your life and have a few hours to spare, why not become a volunteer. Volunteering is a great way of meeting lots of people from different backgrounds and areas and helping a person improve his/her reading, writing, numbers or English skills can be very rewarding.

For further information on any of the above opportunities, please contact:

Ann Bothwell, Community Learning & Development Worker, Westhill Community Centre, Hay's Way, Westhill AB32 6XZ. Telephone 01224 740089, or email ann. bothwell@aberdeenshire.gov.uk





FLOWER ARRANGING CLASSES 2015

Dates for your diary

Are you looking for a new interest this Winter?

If you like having flowers around your home then why not consider coming to a relaxing afternoon class to arrange flowers.

We would like if you could join us; both the beginners and the more experienced arrangers will be made very welcome to relax with a cup of tea or coffee, and go home with a flower arrangement that you have made yourself.

Classes will recommence on Tuesday 15th September, in Ashdale Hall 2–4pm



For further information and fees telephone: 01224 742639

Heather Wood Physiotherapy



OLIVIU D. DOCEA

(WESTHILL)

PAINTING and DECORATING

also

RELATED TASKS:-Taping Coving Skimming etc.

GENERAL TASKS:-Fencing, General Maintenance

Tel. 01224 740276 Mob. 07913 082637

Free estimates

Library News

Summer Reading Challenge 2015

Over the past few months the Library has been busy with young readers participating in the Summer Reading Challenge. Every year this initiative is enthusiastically supported by the young people of Westhill. This year the theme was 'Amaze Yourself with a Good Book!' The children were challenged to read/listen to 12 books over the summer. In July we enjoyed summer stories and songs sessions for pre-school children, in August we held craft sessions for primary school age children, a very busy and fun Bookbug Rhymetime (which included a visit from Bookbug himself!) and a Games afternoon (with the Library Wii and traditional board games).

Book Café

Following on from the success of this year's 'Amaze Yourself with a Good Book' we also hope to establish a Book Café for children in primary 6 and 7. The first get-together will be at the end of August, please ask Library staff for more details.

Online Information Services

Did you know that your library membership allows you free access to some excellent online databases such as Ancestry, Britannica Online and International Newsstand amongst others? Also available for learner drivers is Theory Test Pro which allows you to practice the UK's driving theory tests for car, HGV, PCV and motor cycles. Another useful database for young people is our academic collection of online study guides and past papers. Perfect for exam time!

The library continues to be busy with our membership growing monthly. Members are enjoying our Bookbug and story sessions, craft sessions, access to electronic books and magazines and download and streaming of free music. We also have comfy sofas and a hot drinks machine if you'd like to have some relaxing time out during a busy day. If you haven't visited for a while or would like to join why not pop in and see us, we'll be delighted to welcome you.

For information on forthcoming events at Westhill Library please visit us at www.aberdeenshire.gov.uk/libraries and http://www.facebook.com/AberdeenshireLibraries

SCAFFOLD TOWER FOR HIRE

The Westhill Residents' Association purchased a scaffold tower for erecting the Christmas lights. The tower is available for hire to Westhill residents. The platform working height is 2.73m.

Charges are £10 per day for 1 to 2 days, then £5 per day for each additional day, or £30 for one week. Transportation available at £10 each way.

For more information and to book the scaffold, call 01224 744058.

DAVID MASSIE

CARPENTRY & JOINERY SERVICES LTD

(OVER 25 YEARS EXPERIENCE)

All joinery work undertaken Stairs, Doors & Windows: Manufacture & Fitting

Tel: 01330 811906 Mobile: 07816 596541 davidmassiecjs@btinternet.com

FREE ESTIMATES

LISTER

DOMESTIC APPLIANCE ENGINEERS 3 ANDERSON AVENUE, ABERDEEN

Tel: 01224 488865

SPARES AND REPAIRS TO MOST MAJOR MAKES OF APPLIANCES

Washing machines, Tumble-Driers, Dishwashers, Cookers, Microwaves, Vacuum Cleaners, etc

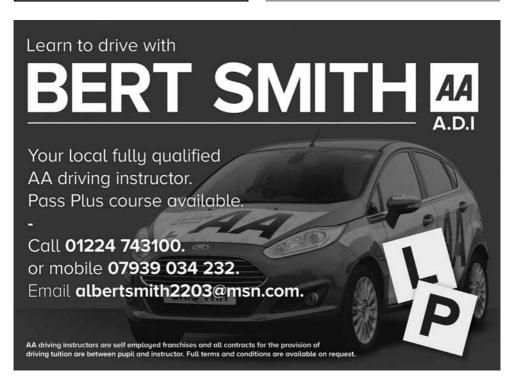






Whether they are large or small, Lister does them ALL

fax: 01224 488801
email: KJLISTER@ENGINEER.com
web: www.listerelectrical.co.uk



F J Moir Fencing Contractor

All types of fencing undertaken

- Agricultural
- Equestrian
- Domestic
- Forestry
- Fencing Repairs





Sheds made to order

Reliable, competitive and every job important

Telephone: 01330 833680 Mobile: 07709875305

Email findlay.moir@tesco.net







PHOTOStoDVD

We can convert your Photographs, Slides, VHS Videos or Camcorder Tapes to play on your DVD

Samples and prices on the website

www.PHOTOStoDVD.org.uk info@PHOTOStoDVD.org.uk Tel. 01569 750697

the Oven Valet

Oven Cleaners

Doing the jobs you hate!
Bringing the sparkle back to your oven
Using Non Toxic, Non Caustic Products in Your Home





01330 823 079 07920 483 233

www.theovenvalet.com

info@theovenvalet.com



PC Repair



Professional IT Service

(Laptops, Desktops, Printers)

- Hardware and Software Repair
- Speeding-up of PC and Virus Removal
- System Restoring and Recovery
- Wireless, Cabling, Password Recovery
- Printer Problems and Repair
- ON-SITE repairs. Free pickup, usually up to 24 hours (only if necessary)
- No extra transport cost within 12 miles of Westhill
- Prices are from £35 for the first hour; thereafter £30 per hour (NO-FIX-NO-FEE)

Dan Docea

Tel: 07436-115 421 (01224-478 981)

JOHN MULLEN JOINERY

Your Local Joinery Service Serving Westhill Since 1985

Full design, supply and fitting of kitchens and bathrooms
Mirrored Wardrobe doors
Interior and exterior doors and all other joinery works
All small maintenance jobs
undertaken.

NO JOB TOO SMALL For free quotation

Tel: 01330 860 140

E-mail: mullenthejoiner@btinternet.com Glenview, Leylodge Kintore, Inverurie AB51 0XY

Help Make Westhill Litter Free

What we would all like, is to be able to move around Westhill and find it in a condition that we would be proud of. No one is immune from the thoughtless and selfish behaviour, which costs Scottish Councils more than £1million per week. Taking children to school, on the sidelines at the football, strolling at the park or shopping in town you will see the result. You will see or step in what someone else has left behind, what they'd rather not be associated with. We need the small minority who litter and allow their dogs to foul to change their behaviour.



We will be continuing with our policy of running a litter pick on the third Saturday of the month. We start at 10:00am at the Tennis Court Car Park. The dates will be: 19th September, 17th October and 21st November, The Abercrombie Eco Club. the Rainbows, the Denman Playgroup, the Guides and the Kier Scout group all did a great job with their group picks. Well done! More than 39,000 people from



across Scotland have pledged their support to Clean Up Scotland. So come on, what are you waiting for? Please join us if you can. We need your help. If that does not suit, we still operate the "Adopt a Street" campaign where you can choose an area and collect when the time and weather suits vou.

For more information, contact Raymond Swaffield, swaffies@talktalk.net or tel 01224 740669.

Pam Dignan Dancers

- Highland
- Ballroom/Latin
- Preschool
- Scottish Country
 Freestyle
- Tap

- Ceilidh
- Ballet

www.pamdignandancers.co.uk

Tel: 01224 741 078





Westhill's LOCAL disability charity

www.SensationALL.org.uk

SensationALL Bid for Westhill Old School & School House Needs LOCAL COMMUNITY'S Help to Fill in Survey

SensationALL has applied for a Community Asset Transfer (CAT) of Westhill Old School & School House (OSH). SensationALL would like to expand the services we provide for the wider disabled community which make up our client base while also being able to accommodate for the current user groups and the local community. If a suitable use is not found for the OSH then there is every chance that the council will sell the building to be developed for commercial or residential use.

We ask local residents to show support for SensationALL and our plans by filling out our survey which provides evidence to the council that the local community are behind our project. The survey can be found on our website or by using the following link:

https://docs.google.com/a/sensationall.org.uk/forms/d/1YtHYLUHzkWmOquSTZYaqv X1WCL95zV01TKcdbx7hgdl/viewform

or use your phone to scan the QR code below.

SensationALL Race Night Fundraiser

29th August, 7:30pm @ Ashdale Hall, Westhill

Tickets £15 (including food and welcome drink on arrival)

Tickets can be ordered online: https://www.justgiving.com/Sensation-ALL/

Or by contacting SensationALL directly

VOLUNTEERS NEEDED!

Do you have an hour or more to spare, and would like to make a difference in a fun and friendly environment? Then we would love to hear from you! Volunteering is a great way to meet new people, gain or share new skills and get satisfaction from helping others.

Please contact us by email info@sensationall.org.uk or by phone 01224 746699

SensationALL(Registered charity SC043156) is a completely independent, local non-profitable charity and we rely on volunteers, donations, grants and sponsors from various sources to subsidise our services. If you or your company would like to contribute or you would like to be more involved with us, then we would love to hear from you.











Another Blooming Success!

This year, the floral displays in the hanging baskets and tubs on Westhill Drive, Old Skene Road and Straik Road in Elrick were organised as usual by Westhill & Elrick Community Council with the baskets and tubs being hung up in the second week of June. There was also a significant effort provided by the Rotary Club of Westhill & District, transporting the plants from Aberdeenshire Council nurseries to Westhill, planting out the baskets and tubs, and finally hanging them up in our town. In particular, WECC must thank John Fraser of Car and Van Hire for providing the transport, and Grant and Dot Williamson of Broomfold for the use of their facilities for storing the plants and the baskets and tubs, and also for putting the compost and plants into the baskets and tubs.

Bedding plants were also planted at various locations in Westhill including in and around the raised bed on Westhill Drive opposite Denman Park and adjacent to the Rotary 'Welcome to Westhill' stone on the A944. The Trinity Church have also put up hanging baskets and planted out their garden on Westhill Drive.

And all this work is carried out by volunteers from WECC, the Rotary Club, and Trinity Church.

All the plants are supplied by Aberdeenshire Council Landscape Services.

WECC would like to add further hanging baskets to those we already organise, but we can only do that with the assistance and support of the community. If you would like to support the local community and help us to expand Westhill's summer floral displays, please contact WECC Secretary (info on page 2).

Thank you - Westhill and Elrick Community Council



Westhill Rotary Club members at work

Westhill Community Centre Leisure Activities



CHILDREN'S BADMINTON

The badminton coaches give children of P4 and above the chance to learn an enjoyable life-long skill playing Badminton. Cost £3.40 per class paid in a block. Beginners Mondays 6–7pm, Improvers Tuesdays 6–7pm, Proficient Tuesdays 7–8pm, Saturday (all levels) 10.30–11.30am.

ADULT'S BADMINTON

There is a chance for adults to play badminton several times through the week. Cost £2 per session. Monday 12.30–2.30pm, 7.30–9.00pm, Tuesday 8–10pm, Wednesday 7–10pm (for more proficient players)

NETBALL

P4 and above love playing netball. Fun matches are arranged against local schools, what better way to make new friends and get a little fitter! Mondays 5–6pm. Contact Active Schools on 01224 740111

FITSTARS

P1–3 come to this group to have fun and exercise through story-telling and imaginary play. Cost £3.40 per class paid in a block. Mondays 6.15–7.15pm.

COOKING

P6 and above come along and make both sweet and savoury dishes. A totally enjoyable experience for all. Cost £5.90 per class paid in a block. Tuesdays 4.30–5.45pm.

BAKING

Come along and try baking an assortment of cakes and biscuits. What better way to finish off the day than with your own home bakes? Cost $\pounds 5.90$ per class paid in a block. P6 and above. Wednesdays 4.30-5.45pm.

DANZE

From P1 onwards learn different dances to great music on Wednesdays. Each year these children get the opportunity to perform in front of an audience at their own show. Cost £2.80 per class paid in a block. Wednesdays: Beginners 1 6.15–7.00pm, Beginners 2 7.00–7.45pm, Improvers 7.00–7.45pm.

FOOTBALL

Football coaching for boys and girls in P1 and 2. If you enjoy football then you will love this. Cost £3.40 per class paid in a block. Tuesdays P1 and P2 6–7pm, Wednesdays P1 6–7pm, P2 7–8pm.

SATURDAY DRAWING AND PAINTING

P4+ take part in drawing and painting animals and other subjects on a large scale using a variety of materials. A popular art class. Cost £6.35 per class paid in a block. Saturday morning 10am– 12 noon.

SATURDAY DANCE

Boys and girls of P1 and above can come along and learn how to do dance routines. At the end of the year the children get together with the Wednesday Danze group and have the opportunity to impress their parents with their end of year performance. Cost £2.80 per class paid in a block. 9.15–10.00am, 10.00–10.45am, Saturdays Beginners 10–11am, Improvers 11am–12 noon.

WEDNESDAY ART

For P4 upwards, learn different techniques in drawing and painting. This class has been very popular with children staying term after term. Cost £6.35 per class paid in a block. Wednesdays 4–6pm.





Local Gas Safe Registered Plumber

Kevin Milne

Tel: 079180 70928 01330 833670 k.milne@live.co.uk

Boiler services. heating upgrades and maintenance, natural gas and LPG appliances, bathroom upgrades, etc.

Aberdeenshire Community Safety Partnership

Increased Grant for Young Drivers Taking the Pass Plus Course

£150* available to young drivers

The Aberdeenshire Community Safety Partnership is running a pilot trial in the Garioch and Marr areas offering £150* towards the cost of the Pass Plus driving course for young drivers under 25 years of age.

The course is designed to provide experience of a range of driving conditions not included in the practical driving test. These include rural roads, motorways, dual carriageways, in town and night driving.

Some insurance companies offer a discount for voung drivers who have a Pass Plus certificate.

The grant is supported by funding from the Aberdeenshire Community Safety Partnership, the Marr Area Committee and the Garioch Area Committee.

More information and contact details at: www.aberdeenshirecommunitysafety.org.uk

Aberdeenshire COUNCIL





* Only available to residents of the Marr and Garioch areas of Aberdeenshire. Grant on offer only while funds last.

WESTHILL CHOI KWANG DO ASHDALE HALL

The summer holidays are almost past Time to stop over indulging and fast! Take charge of your life and follow through On all the things you say you should do! Exercise, self-defence, confidence booster too It's time to act, so get up from the settee, Away from the games, computer and TV! Our first few classes are entirely free! There's nothing to stop you, so determined be To train with us, and your black belt to earn, Work the grey cells, there's always more to learn!

Contact Master Violet Mackie on 07715 788578 or E-mail her at violet.mackie@westhillckd.org





ASHDALE HALL (WESTHILL DRIVE)

The Ashdale Hall has been busy this summer, hosting the annual Westhill Gala and Bingo Night, the Westhill Holiday Bible Club and Show, the return of the "Two Fat Laddies" Cooking Demonstration, a Charity Gala, a Muay Thai Seminar, a children's Dance Show, a Zumba Masterclass, Blackburn Summer Dances and Charity Fundraising Ceilidhs.

You can also book your child's Party at the Hall, there is plenty of room for a bouncy castle indoors, please email for details – ashdalehall@hotmail.co.uk.

Floral Art classes on a Tuesday afternoon 2–4pm in September.

AVAILABLE CLASS HIRES

After the summer holidays we will have Tuesday and Thursday mornings available for let, please email the Hall if you are interested in making a regular booking.

UPDATED WEBSITE

The Hall has a new look website! Have a look on http://ashdalehall.co.uk.

BLOOD TRANSFUSION SERVICE

The Blood Transfusion Service will be at the Ashdale Hall on Monday 28th September and we are delighted to be able to continue to support this essential service. Check here for details nearer the time – www.scotblood.co.uk.

UPCOMING EVENTS

5th September – Westhill Producer's Market (9am–1pm)

5th & 6th September - Pam Dignan Dancers Annual Show

11th September – Tea Dance (monthly, every 2nd Friday)

19th September – Line Dance organised by the Rotary Club (monthly)

3rd October – Westhill Producer's Market

WESTHILL COMMUNITY MARKET (9am–1pm, 1st Saturday each month)

Our monthly market is still held at the Hall and we continue to have our regular stallholders selling French breads, cakes, local meats, sausages, pies, fresh veg, jams and preserves, organic eggs as well as locally made organic body products, bespoke cards and hearts, children's arts, crafts, jewellery, paintings, wedding horse shoes and cards, plants in season. We also have a monthly community stall which can be booked free of charge. If your local project or group would like to book this stall, please email: <code>ashdalehall@hotmail.co.uk</code>. We really need the support of the local community for the Market to be able to continue. All the products at the Market are locally sourced and made, with little or no food miles involved! Come along to the next Market and see for yourself the fantastic quality of the products and handmade crafts on offer.

HALL FACILITIES

The Hall hosts regular Dance Society Dances, Family Ceilidhs, Dance Shows & Competitions, Youth Orchestra Rehearsals & Concerts, Gigs and Scottish Nights. The Hall is also frequently used by various community groups and individuals for fundraising charity events. We also offer a wide programme of exercise and yoga classes, children's dance classes and toddler/baby classes, for full details please see our online timetable: http://ashdalehall.co.uk/current-timetable and our upcoming events can be viewed on: http://ashdalehall.co.uk/current-events (these are also displayed on the Hall noticeboards).

ENQUIRIES

For enquiries or to book the hall/meeting rooms or badminton courts, please e-mail the Administrator at: ashdalehall@hotmail.co.uk or call the Hall on 01224 740137.

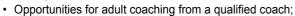
Scottish registered charity no. SCO2149

WESTHILL TENNIS CLUB

Are you interested in playing tennis in a friendly, social environment? Are you interested in competitive tennis? Come and join Westhill Tennis Club where there are opportunities for both beginners and more experienced players.

We offer:

- 2 recently resurfaced tennis courts in Denman Park:
- Social evenings for adults on Mondays and Thursdays from 7pm; Saturdays from 2pm;
- Competitive tennis in the North District leagues: we have both men's and ladies' teams;
- Social events throughout the season; American tournaments;
- Organised coaching sessions for minis and juniors from a qualified coach;



- Free court time for members:
- · "Come and try" sessions for adults on Monday nights.

We have had mixed success in the ladies' and men's leagues this year with the ladies' A team possibly in line for promotion to division 2. Despite the variable weather the majority of the matches have been played. We are still looking for new members to join both ladies' and men's teams.

We now have reduced membership fees for the rest of the season: Family: £70; Adult: £35; Student: £17.50; Juniors: £14 (11–17 years; Minis: £7.50 (10 and under by 31st March 2015)

For more information please contact either: Margaret Stevenson – margaretstevenson2000@ yahoo.co.uk or Susan McIntyre – susan.mcintyre@hutton.ac.uk.

Finally: Please do not leave any rubbish on the courts. It is very unsightly and encourages seagulls.



DONATIONS FROM THE COMMUNITY COUNCIL

Westhill & Elrick Community Council have a surplus of funds due to the strong demand for advertising in the Westhill Bulletin. Some of these surplus funds are available for donations to local voluntary groups.

Applications for donations will be considered and awarded twice yearly, in early May and November, so the next set of donations will be made in November 2015. Applicants must be voluntary organisations based or operating in Westhill, Elrick, Kirkton of Skene or Garlogie.

In May 2015 donations were made to the Duke of Edinburgh Open Award Group, Kirkton of Skene Playgroup, Skene School, Boys Brigade and the Community Sports Hub.

Donation requests should be sent to the WECC Treasurer by email to wecc.treasurer@westhillelrick.org with a brief description of what the funds will be used for. The donations can be to help with normal ongoing running costs and will not be restricted to one-off projects.

For more information, please contact: David Ritchie, Treasurer, Westhill & Elrick Community Council, Tel. 01224 744058, wecc.treasurer@westhillelrick.org

Skene Walled Garden Project Launch



Skene Parish Church Stewardship Season Coffee Morning and Skene Walled Garden Project Launch

Saturday 19th September 2015

Trinity Church, 10am-12pm

The coffee morning is jointly hosted between our Eco Group and our Action Group. There

will be a display of the work of the Eco Group in our congregation. In addition, at 10.30am there will be a presentation regarding the Skene Walled Garden Project. Come and find out more.

In late June Skene Parish Church's Eco Group co-hosted an initial meeting to gauge interest in progressing a possible "Skene Walled Garden Project". Rev Stella welcomed members from a sample of community groups including the Gardening club, Rotary, BB, Milne hall, Scouts, Community Council, and the church. A short presentation was given by Chris Pinnell, an elder in the church representing the Westhill Scout Group, who have had initial contact with site owners and the Eco Group. The outcome is a proposal to call an 'initiation group' together to explore the feasibility of creating a cared-for-garden environment that will provide plots for community and interested groups. A slide presentation has been prepared for distribution to more groups in the community, together with an action plan to look at opportunities and issues plus assess formal and legal matters. A target launch of the proposal is expected within the congregation's Stewardship Season on the theme of "creation". The proposal is being well received as it could provide a very worthwhile space for old and young, with sensory plots, therapeutic gardening, grass area and excellent inter-community liaison. Come along on Saturday 19th September to find out more!

1st Skene Girls' Brigade

We will start our new session with an Enrolment/Games Night on Monday 24th August in Trinity Church from 6–7.30pm.

We welcome all girls from P1–S6, new members too, there is no waiting list. We meet every Monday during school term. The girls get involved in various activities. If you require further information on Girls' Brigade please





BON ACCORD BULLS 2015 SEASON REPORT

We have reached the end of our first season and to be honest it's been a struggle, not just for us but for the whole Rugby League community in Scotland. We formed an adult squad who trained sporadically and played twice – once in a training game and once in a local derby. Players' holidays and work commitments were major causes of disruption to training and playing schedules for us and other clubs. We need a bigger squad of committed players so that we have sufficient cover.

However we are still here and plan to be around still in 2016.

At youth level we provided coaching at U12, U13, U14 and U15 and a combined U14/15 squad travelled to North Berwick for a game with the younger age group having their own training game at Westdyke.

Without doubt our biggest success was the North Scotland Schools tournament we organised that saw U14/15 teams from Westhill, Turriff and Huntly come together in a round-robin competition that was won by The Gordon Schools at Huntly. This was the only school tournament in Scotland and it was Bulls who made it happen. Bulls formed Club-School links with five schools in Aberdeen City and Shire – the only club in Scotland to achieve this level of coverage.

So next year if you fancy a different code of rugby when the Union season finishes why not come along and give Rugby League a try. If you are a member of a Union club that would like some summer rugby then why not try League – we'd love to give you a game.

You can join Bulls via their website at http://pitchero.com/clubs/bonaccordbulls follow them on Twitter at https://twitter.com/BonaccordBulls and like us on Facebook. Join the stampede – PLAY TO ENJOY and ENJOY PLAYING!

To enquire about the club e-mail ray.hall@agileabc.com

SKENE SINGERS

Following a successful Concert in June, the Skene Singers are looking forward enthusiastically to re-commencing after the Summer break on Tuesday, 15th September in Trinity Church at 7.30pm.

New members (especially men) will be warmly welcomed to our rehearsals.

More information is available from Christine Thomson 01224 746743.

Sooyang Do martial art students packing all the punches at their black belt promotional testing

The last weekend in May was a challenging one for North East Sooyang Do martial arts students, as the United Kingdom Sooyang Do Association conducted their May belt examinations. This saw its members demonstrate many aspects and various levels of this unique system of martial arts training in an effort to earn promotion to their next belt level.

This spectacular martial art event took place at the Westdyke Leisure Centre with 33 current Sooyang Do black belt students successfully attaining their belt promotion. Four of those students being Joe Davenport from the Westhill Sooyang Do Club who successfully attained rank of 1st Dan, along with four fellow students Ryan Bremner, Simon Greenland, Niall Menzies and Roddy McDonald who also gained promotion to their next Black Belt rank.

Alex Black and Luke Morrison also from Westhill Sooyang Do club, joined a further 15 senior students in earning the right to be awarded with that coveted Black Belt for the first time. Congratulations to all on this great achievement.

The Black Belt examination, which concluded with a traditional wood breaking extravaganza, provided a stern test of each individual's technical ability, power and endurance which resulted in them receiving their awards during the belt presentation ceremony.

Mr Bremner, Sooyang Do Chief Instructor at Westhill said "helping students young and

older to reach black belt is always a highlight of the year".

This year has witnessed rapid growth within all UKSA clubs, providing opportunities for increasing numbers to experience the very real benefits of our unique methods and philosophy, within a positive and disciplined environment.

Mr Bremner Chief Instructor Westhill/Skene with son Ryan Bremner and fellow students Joe Davenport, Simon Greenland, Niall Menzies and Roddy McDonald



Volunteering in Westhill

Most of the clubs and organisations that write articles for the Bulletin rely on volunteers to run their activities, so we thought it would be useful to summarise the ones that are looking for more volunteers to join them.

More details are on the page numbers shown below:

Ashdale Hall	26	Rotary Club	83
Citizens Advice Bureau	73	Scouting	82
Community Minibus Driving	10	SensationALL	22
Litter Collecting	21	Westhill Art Project	85
Macmillan Cancer Support	65	Westhill Bulletin Delivery	1
Milne Hall, Kirkton of Skene	76	Westhill Open Award Group	92

Westhill Golf Club

We have had a busy few months since the last Bulletin at Westhill Golf Club. Let me begin by highlighting the recent Pro-Am event held in honour of our long serving club Professional, George Bruce, on 24th June. This saw 18 teams of members, friends, guests and professionals grace our hallowed fairways. In-spite of some mixed weather a great day was had by all with the best professional score of level par coming from Lee Vannet (professional at our golfing neighbour – Craibstone). The course attracted a lot of praise for its condition from both professionals and guests alike which is something we are increasingly proud of hearing!

We are now well underway with our annual mix of opens for Gents and Ladies which means that visitors can enjoy our golf course for only a modest fee and play for some excellent prizes. Full details can be found on our website (www. westhillgolfclub.co.uk) but if you haven't tried the golf course on your doorstep then now is definitely the time to do so! The last open competition of the year takes place in late September and is a mixed greensomes open. I imagine a few readers will wonder what that means so let me explain. Teams are composed of one Lady and one Gent with both partners hitting a tee shot. From here you choose which ball you prefer and take turns playing the next shot until the ball goes in the hole. This is a fairly recent addition to our calendar and we would be delighted to see a strong number of entries.

At the time of writing we are about to embark on the knock-out stages of our club championship events which always culminate in 'Super Sunday' with all of the finals being played on the same day so that friends and family can easily come and watch some high quality..... decent quality..... let's try enthralling golf! As always keep a look out for our Facebook (facebook.com/westhillgolf) for full details!

Lastly, let me re-iterate two points from our last article. Whilst we have seen a decrease in damage caused to the course by vandalism in recent months we are wary of further discretions so will continue to be mindful and report any occurrences to the relevant authorities. Finally, we would request that dogs are not allowed to walk on the golf course and that new signage placed around the various entry points to the golf course should be adhered to.

Alan McCue, WGC Marketing Convenor



Great reasons to join Westhill Golf Club

No joining fees, ideal for new and experienced players, wide range of membership categories, great tee time availability, huge range of competitions, great value, online tee booking!

Memberships: Gents £525, Ladies £480, Student £220, Junior £50-£100, Social £5

Upcoming Open Competitions:

27th September - Mixed Greensomes Open @ £7.50 per person

Tel 01224 740159 • Web: www.westhillgolfclub.co.uk Email: professional@westhillgolfclub.co.uk

Westhill Services



The Guild of Master Craftsmen Certificate of Quality and Service

Established in Westhill since 1984

Your Assurance:The National Guild of Master Craftsmen is the largest organisation representing skilled tradesmen. Its aims are to protect the skills and integrity of its members and clearly define the skilled from the non-skilled thus enabling the general public to choose a National Guild of Master Craftsmen member to provide the service they require.

KITCHENS: BATHROOMS
UPVC WINDOWS & DOORS
LAMINATE FLOORS: STAIRS
CERAMIC WALL & FLOOR TILING

INSURANCE WORK

Please call for more information

Contact Trevor Tosh:-

Tel / Fax (01224) 742201 Mobile 07976 931210



SLATING • POINTING • GUTTERING • ROUGHCASTING FLAT ROOFS • TILING • uPVC CLADDING

5 St Peters Lane, Aberdeen, AB24 3HW

Tel & Fax: 01224 634826

Mobiles: 07770 872100

07778 668855

Email: barry.tmslating@gmail.com

TRADITIONAL Good Food, Naturally

WESTHILL SHOPPING CENTRE, WESTHILL **ABERDEENSHIRE**



TELEPHONE ORDERS WELCOME 01224 741174

All Day Every Day

WESTHILL'S PREMIUM TAKEAWAY EXTENDS **OPENING HOURS TO CATER** TO ALL NEEDS

NEW OPENING HOURS

08.00 - 23.00 MON - THURS

08.00 - 00.30 FRIDAY

09.00 - 00.30 SATURDAY

12.00 - 23.00 SUNDAY

Low's - open all hours! BREAKFAST VOUCHER

Takeaway now catering for Breakfast, Lunch & Dinner.

A Long running North East take away has pledged to keep up it's high standards after extending their opening hours.

Lows Traditional in Westhill is now open earlier to catch breakfast lovers with their varied range of morning favourites including traditional breakfast baguettes, sausage rolls, selection of pies, tea & coffee.

Visitors to Low's Traditional at lunch time can enjoy anything from their 100 strong item menu. This includes favourites such as award winning fish & chips and other chipper favourites to their lunch time homemade special menu including delights such as steak pie, macaroni cheese & chicken curry served with homemade soup. For a light lunch why not try freshly prepared paninis, baked

potatoes, sandwiches and assorted

Of course Low's famous award winning fish & chips are available from lunch time until late as well as all their menu favourites. Low's is one of Aberdeenshire's longest family run takeways having been established for over thirty years.

Through hard work, loyalty and great team spirit the business has achieved many prestigious awards including the Eat Safe award & the National Federation of Fish Friers -Fish & Chip quality award. "Using good quality local produce including sustainable fish adds to the great service we provide our customers, but no matter how many awards you win you're only as good as your last fish supper" -David Low, Proprietor.

order Mon-Thurs

Valid on production of this voucher. Valid until 30th September 2015 (inc).

LUNCH VOUCHER

Any Lunch Time order

Valid on production of this voucher. Valid until 30th September 2015 (inc).

EVENING MEAL VOUCHER

2 x Standard Fish Suppers for £11.00

Valid on production of this voucher. Valid until 30th September 2015 (inc).

EVENING MEAL VOUCHER

Feed a family of 4 for £16.00

Any 2 adult suppers and any 2 kids menu items

Valid on production of this voucher. Valid until 30th September 2015 (inc).

NATIONAL FEDERATION OF FISH FRIERS - FISH & CHIP QUALITY AWARDS 2014/15 - EAT SAFE AWARD 2012 SEAFISH FRIERS QUALITY AWARDS WINNER - FISH & CHIP SHOP OF THE YEAR - SCOTTISH RUNNER UP



YOUR LOCAL ELECTRICAL CONTRACTOR

Interior Lighting External Lighting Xmas Lighting

Certifier of Construction

Rewires

Extension

Additional sockets Internal & External

Testing

Electrical Conditioning Reports

PAT Testing

Phone Points

Smoke Detectors

Fuse Board Upgrades

FREE ESTIMATES-NO JOB TOO SMALL

DOMESTIC

COMMERCIAL

INDUSTRIAL

MAINTENANCE & REPAIR

Contact : Doug Smith

Phone: 01224 745089

Mobile: 07890949998

E-mail: westhillelectrical@sky.com Web: www.westhillelectrical.co.uk

Solar PV Installations, Domestic & Commercial for further information or a free estimate E-mail Craig at wespv@sky.com







The Broadstraik is everything a true Scottish country pub should be. Mixing old and new, and constantly evolving with a basic philosophy at the heart of it all – to offer excellent food, wine & beer with great service in a relaxed friendly atmosphere.

At The Broadstraik we believe in sourcing local and seasonal produce to create simple, unfussy food, coupled with a great line up of beers, lagers & ciders and a carefully chosen wine list to give you one of the finest pub experiences in the north east.

The simple things in life done well.

Come and sample our new Menu at the Broadstraik Inn.

Food available all day.

Why not "Bring a Party to a Party" or book a Company Christmas Party Afternoon – some dates are still available. Packages to suit any festive corporate event.

We are also taking bookings for Christmas Day and Hogmanay – please contact us for details.

Private Function Rooms available for Training Days, Parties or Private Dining. Tailor made to meet your needs.

THE BROADSTRAIK INN ELRICK, WESTHILL ABERDEENSHIRE AB32 6TL T: 01224 743217

E: enquiries@broadstraikinn.co.uk www.broadstraikinn.co.uk

ELECTRO-TEK

ELECTRICAL CONTRACTOR



Your Local Electricians!

- Lighting Design & Installation
- Intruder Alarms & Security Lighting
- Additional Sockets, TV & Phone Points
- Fuse Board Upgrades
- Inspection & Testing
- All Aspects of Electrical Maintenance

Highly Trained and Experienced Tradesmen Delivering a Clean and Courteous Service EVERY Time!

t: 01224 791914. e: info@electro-tek.org.uk www.electro-tek.uk.com



TEAM DANCE



BRAND NEW TEEN CLASS STARTING SOON!

Keeping children active during their teenage years is so important.

These informal high energy 45 minute dance based classes are designed to offer your teen something different!

Our first term of classes starts August 26th, with a number of places taken already!

Contact Louise for further info and to book a place. First come first served!

WHEN? WEDNESDAY'S 5.15pm-6pm
WHERE? KINGSWELLS VILLAGE HALL
HOW MUCH? £5.00 per class, payable by
term

Mark Mennie Glazing

Replacement Double Glazing
Coloured Glass Splashbacks
(any RAL or BS4800 numbers)
Made-to-Measure Mirrors
Replacement Velux Glass
Solar Control Films for Conservatory Roofs
Mirror Wardrobe Doors



For a professional and personal service Please call or email for free quote:

Tel: 01224 789889/07918 081339

Email: markmennieglazingltd@hotmail.com

Please visit my gallery and like Mark Mennie Glazing on Facebook

PGM TAXI SERVICE WESTHILL

207849 582319

We have 4, 6 and 8 seater vehicles, with ample luggage space, to cater for all your needs.

All our vehicles are equipped to accept card payments including American Express

Local, Airport, Rail & City Runs
Account Facility also available, please ask for details

Advance Booking Recommended



^{*}Contact your local club for details. © 2015 Curves International, Inc.





WESTHILL BATHROOMS

- Full bathroom installations
- Supply and install
- · Install only
- · All trades supplied
- Discounts from wholesalers available
- · Free estimates
- Full plumbing maintenance & installation
- · From tap washers to full systems
- Call outs available

WESTHILL PLUMBING

Neil Craig Plumbing, 10 Meadowlands Drive, Westhill, AB32 6EJ
Tel: 01224 749994 Mob: 07801 198 930 email: neilcraigph@btinternet.com

ALL ASPECTS OF JOINERY WORK UNDERTAKEN

General Joinery Work - Property Repair - Flooring Decking - Kitchen Fitting - Extensions - Maintenance

No job too BIG or small FREE QUOTATIONS

Tel: 07837 329937

adm.joinery@yahoo.co.uk

Time for a change?



"Our design set Anson Mackay a huge challenge that was accurately interpreted and professionally executed, resulting in a beautiful garden we will enjoy for years to come" *Ann and Trevor Rosbrook*

Decks
Patios
Walling
Fences & Gates

Give Fay a call on 01224 790021 and start the plan to change YOUR garden!



Visit us on facebook Follow us on twitter @anson_mackay

www.ansonmackay.co.uk 01224 790021







creating homes

you'll love to live in

interior design • fabrics • wall coverings • floor coverings • lighting

Creative Interiors

7 Hillside View Westhill

Aberdeenshire AB32 6PD Tel/Fax: 01224 744040

Email: creativeaberdeen@btconnect.com www.creativeinteriors-aberdeen.co.uk





Where your future counts

For all your accounting and taxation needs
We specialise in small businesses, personal taxes and contractors
Why not contact us for a free meeting and quote?

3 Prospect Place Westhill Aberdeenshire AB32 6SY Tel 08456 444 008

info@grampianaccounting.co.uk www.grampianaccounting.co.uk

DIMBIM SPECIALITY CAKES

Beautiful and Great Tasting

- · Wedding cakes
- Adults and children's birthday cakes
- Special occasion cakes (graduation, christening....)
- Different flavours available









ABIMBOLA SIKIRU 01224 279899 / 07909 861067

14 Morven Circle, Westhill. AB32 6WD Email: dimbim@yahoo.com

www.facebook.com/Dimbimcakes

We Clean Ovens

...so you don't have to!

Call us today to have your cooking appliances sparkling, using our own eco friendly products.

Our oven cleaning experts will leave you free to enjoy your valuable leisure time.



Local | National | Affordable

Call TODAY for LOCAL Service **01224 953058**

www.ovenu.co.uk/aberdeen-west



Fully Fitted Bathroom Suites, Upgrades And Alterations.

Boiler Changes From Only £1750.(Subject To Survey)

All Plumbing Repairs Undertaken.

Domestic And Commercial

If In Doubt, Give Paul A Shout On

Mob:07738261065, Home:01330 860155

Email:Forbsy1888@hotmail.com

Over 13 Years Experience



thecityofroses chorus

Do You Love To Sing?

We are a group of ladies who enjoy singing songs in 4 part harmony and would love for you to come along and join us

Where Westhill Community Church

When Monday Evenings Time 7.15 - 9.30pm

It is said that singing is good for you so if you are interested, please contact Val 07762 205952

or email us at Bookings@cityofroseschorus.co.uk

We are also available for hire to sing at private and corporate parties

CITTING

Bathrooms and Kitchens



CUTTING EDGE... The ultimate bathroom, wetroom and kitchen specialists in Aberdeen.

We will transform your room into a luxurious space of tranquility and relaxation. We pride ourselves on our First Class Customer Service (pre and post installation), outstanding workmanship and attention to detail.



Telephone: 01224 744911

www.cutting-edgeltd.co.uk



panobook complinurandoo | 01224 741986

You'll know when you've found the right home (and we think we've got just the one).









WESTFIELD AT BROADSHADE WESTHILL

3, 4 and 5 bedroom family homes from £299,995

The varied selection of family homes at Westfield, are spacious, light and airy. They've been designed well-planned living areas for entertaining and family time, combined with high specification kitchens that have integrated appliance and an excellent choice of kitchen worktop and door styles to be the centre of your family's home. A choice of flooring, landscaped gardens, Smeg appliances and Porcelanosa tiling completes this family home

Available with *: • Guaranteed Buyer • Landscaped gardens





0845 030 3102 OPEN THURS TO MON 11.00AM TO 5.30PM

stewartmilnehomes.com

*Offers detailed in this leaflet are not combinable and are available on selected homes only. Offers are subject to status. Terms and conditions apply. See website for details, subject to contract and status. Images shown reflect the varying styles and sizes of typical Stewart Milne homes and are intended to illustrate typical styles and finishes only. Elevation treatments and specification may vary from those shown. Please refer to architectural drawings for details. Please ask for details. YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE OR ANY DEBT SECURED ON IT. Terms and conditions apply

Goodbye Weeds









So give us a try we're cheaper than DIY and our results are far superior.

And remember we do all the work - you just enjoy having a great lawn.





So, call today for your FREE lawn analysis: 0800 0111 222

Hello Beautiful Lawn





Volunteer with us!

If you can spare a few hours, please get in touch:

Pamela Catherine email:

Blue Door Manager: 01224 861830 or CWT Administrator: 01224 862008 admin@camphillwellbeing.org.uk

The Blue Door Charity Shop raises money for Camphill Wellbeing Trust - a medical charity providing an extended and integrative approach to help patients of all ages address illness, build resilience & maintain wellbeing.

Visit Us! Tuesday to Saturday: 10am - 4pm

The Blue Door Charity Shop, 57-59 N Deeside Road, Bieldside, Aberdeen, AB15 9DB t: 01224 861830





Camphill Wellbeing Trust is a business name of Camphill Medical Practice L A limited company registered in Scotland No. SC120539 Chantly No. SC01 Registered office: St John's, Murtle Estate, Bieldistide, Aberdeen AB15 9EP

VANS 2 U @ DRUMOAK GARAGE

VAN & TIPPER HIRE GARAGE NOW OPEN FOR CAR & VAN **REPAIRS & SERVICING**



Mark Crawford: 07738 857412/01330 811012 **Drum Station Road, Drumoak** mark1garage@aol.com



CREDIT & DEBIT CARD PAYMENTS ACCEPTED ADVANCED BOOKINGS WELCOME

- Private and Contract Hire City & Airport Runs •
- Any Distance Golf Outings Leisure and Sport Excursions
 - Executive Hire and Tourist Excursions Welcome

CONTACT DUNCAN BARKER ON

Tel: 0743 653 4628 Email: enquiry@duntourscot.com



Sign up during sale Sep 1st - 15th

- 10 classes for £40* · Valid for non members only
- Sign up for unlimited classes in your area and get 1ST MONTH FREE! & NO JOINING FEE** "Vaid for all customes & or 12 month option price regulation required.

GET MOVING!! OFFER EXPIRES 15[™] SEP!

Your local classes:

- Sun @ 6.15pm ASHDALE HALL*
- Mon @ 6.15pm ASHDALE HALL
- Wed @ 10am ASHDALE HALL NEW FREE CRECHE!**
- Thu @ 7.15pm MILNE HALI
 SKENE

*Sunday class running in Kingswells Village Hall until 20th Sep

**Childcare Booking essential

Need more info?

Contact Louise Argo 07708 017287 jazzercisewithlouise@gmail.com

Jazzercise-uk.com



The Residential & Commercial Exterior Cleaning Specialists

Perfectshine offer window-cleaning services for:

Residential Homes
Office Windows
Retail Shop Windows
Hotels and Apartment Block Windows
Schools, Colleges and Universities Windows

Perfectshine also offer a number of add-on services:

Driveway Cleaning Pressure Washing Gutter Cleaning







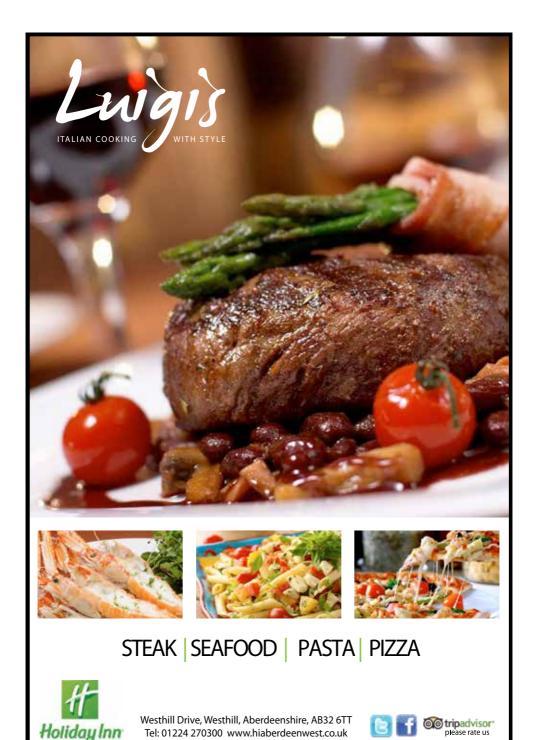
A Perfectshine: Unit 4. Blackburn Industrial Estate, Woodburn Road, Blackburn, Aberdeen, AB21 0RX.

T 01224 798929 • □ Info@perfectshine.co.uk • W perfectshine.co.uk









Secure your financial future with professionals you can trust, UK & international award winning* financial planners.



forbesLawson

financial planning for life...

Forbes Lawson Wealth Management Ltd. Lifestyle Financial Planners Unit 2, Westhill Business Centre Westhill, Aberdeenshire, AB32 6UF

Call us now: 01224 747889 www.forbeslawson.co.uk

STOP PRESS - 2015 Pension Changes

forbesLawson

financial planning for life...

Massive changes ahead for pensions from 2015

- do you know what these changes mean for You?
- ¬ Do your current pensions allow you to take advantage of these changes?
- a Are you taking advantage of all the opportunities to make the most of these changes 'NOW'
- ¬ Do you know how these changes will affect any old pensions you have?
- ם Do you know when you can retire? It maybe earlier than you think. How much is enough?

We have the expertise and tools to provide you with the answers. Get in touch NOW to arrange a no obligation meeting with one of our ISO2222 internationally accredited financial planners and get the answers to your questions

Forbes Lawson Wealth Management Ltd. Lifestyle Financial Planners Unit 2, Westhill Business Centre Westhill, Aberdeenshire, AB326UF

Authorised and Regulated by the Financial Conduct Authority No:210696

Call us now: 01224 747889 www.forbeslawson.co.uk



NICOL OF SKENE LTD

"Our Nome is Our Regidation

Renewable Energy

Nicol of Skene are accredited with the National Electricity Registration Scheme (NERS). We are a recognised specialist in the supply and installation of electricity equipment, along with other associated services required by commercial, industrial and domestic clients as well as owners of low and high voltage electrical distribution systems up to 33kV. The business objective is to deliver a comprehensive service covering all aspects of design, construction and maintenance combined with quality work and competitive pricing. Working together with consultants, architects and other professionals we provide a range of services which include:

- Design and installation of new HV & LV switchgear, transformers and associated cabling
- HV & LV cable jointing
- Utility infrastructure services
- Cable fault location and repair
- Commercial, industrial & domestic new electrical installation including lighting design & installation





Drilling Division – One of the UK's leading companies involved with Directional Drilling and having completed all types of small and large projects.

Utilities – The first civil engineering contractor in the north east to sign a UCP agreement with Scottish Water under the Water Industry Registration Scheme (WIRS).

Recycling – Our investment in a recycling wash plant means we can offer a specialist recycling service. This service enables us to recycle inert excavations and demolition rubble and provide materials for re-use on our contracts and/or resale.

Civil Engineering – Clients are drawn from a wide range of market sectors, from industrial, commercial, housing, water and local authorities. The civil engineering sector of the business covers a range of facilities including: house building groundworks, carriageway construction, earthworks, sewers & drainage, car parks and street lighting.

Residential – we offer the highest standard of workmanship in this sector. Our services include: block paving, tarring, kerbing and slabbing.

CPCS Training School – Ensuring that your plant operators hold industry recognised qualifications is a must if you want to work with major contractors and housebuilders in the UK. Our training school will ensure that your operators are safe and efficient at their job and working in line with the latest legislation. Fully trained operatives will help you to secure future work.















Westside, Skene, Westhill, Aberdeenshire, AB32 6UJ Tel: 01224 744473 www.nicolofskene.com enquiries@nicolofskene.com



FULL BATHROOM INSTALLATIONS FROM START TO FINISH









м: 07915 055309

E: mark@starbathroomsaberdeen.com www.starbathroomsaberdeen.com



- PC, Mac, tablet and smartphones
- Install, service, repair and upgrade
- Virus removal, security advice
- Internet, email, networks & wifi
- Broken screens, data recovery
- Tuition and buying advice

01224 742372

HOME SERVICE OR COLLECTION





The Cleaning Company

Got No Time!!!

Let us do it for you

A go<mark>od job at a g</mark>oo<mark>d</mark> price

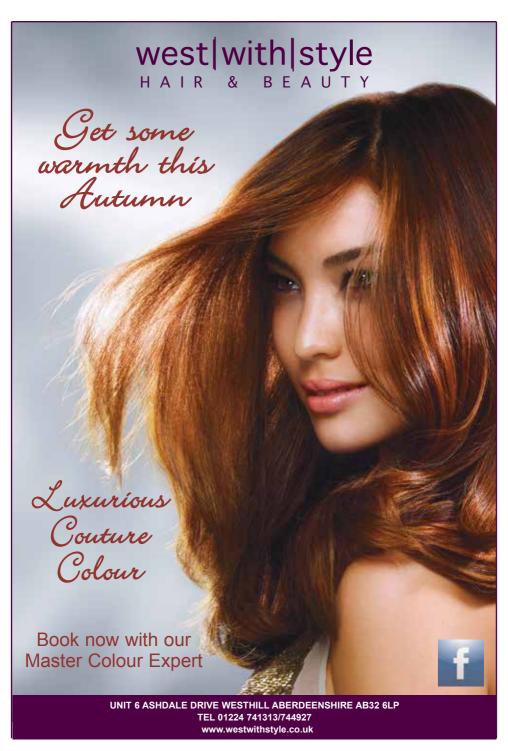
Domestic and Commercial Cleaning with Friendly Efficient Service

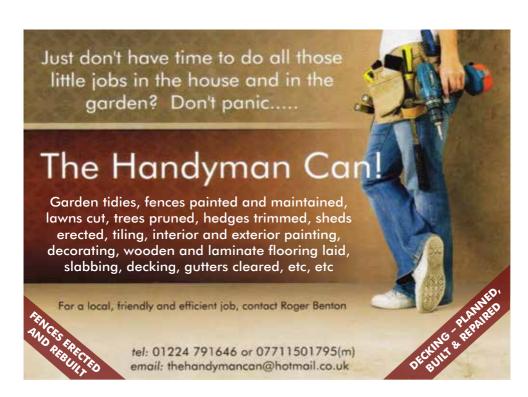
Joanna and Robert

M: 07930 895517

T: 01330 860762

E: splawol@wp.pl









Conferencing?



@fourmile

HOUSE KINGSWELLS



Our purpose designed, self-contained multimedia conference suite is the ideal environment to help you realise your business objectives.

Packages can be tailored to meet your requirements and includes the use of all our audiovisual equipment, wi-fi, access to our large breakaway room and the usual excellent catering you would expect from the Fourmile House Kingswells.

Why not book your conference here today?

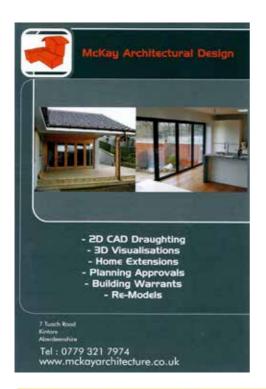


Old Skene Road, Kingswells, Aberdeen, AB158QA

Tel. 01224 740318 Email. info@fourmile.co.uk follow

www.fourmile.co.uk





Sainting and Decorating

- * Dom<mark>estic and Commercial service</mark>
- * All types of interior and exterior paint work
 - * Complete surface preparation
 - <mark>* Wa</mark>llpaper hanging
 - * Free estimate

Joanna and Robert

M: 07930 895517 S: 01330 860762

E: splawol@wp.pl

La-Zenia Villa.com

MODERN VILLA TO RENT – FROM £300 per week (for up to 6 people) Costa Blanca – 300 days sunshine per year!



- Three bedrooms sleeps 6
- Recently Refurbished
- · Budget airlines to Alicante or Murcia
- 5 mins drive to 3 Championship Golf courses
- 10 mins walk to Blue Flag Beaches
- Communal Pool on complex
- Air Conditioning/Satellite TV/WiFi/Baby Cot, etc.
- Suit Families/Couples/Golfers

CONTACT: 01224 791574 or 07766 404366 or see <u>www.la-zeniavilla.com</u>

6370/9485 $\mathbf{F}_{2}^{+}68 \neq 0632$ $\mathbf{7}69176^{3}8$



General Ledger Accounts Receivable Accounts Payable Management Accounts Invoice Preparation Year-end Accounts Job Costing Monthly Payroll Individual Tax Returns Electronic Filing VAT Returns Year-round Service ESP Bookkeeping Services was established in 2005, is owned by Suzanne Proctor AICB CB. Cert PM.Dip. and has grown from strength to strength over the years. Along with her team of qualified bookkeepers they pride themselves in giving clients a friendly and jargon-free service as well as providing business hours to match their needs. If your business paperwork is getting on top of you, why not give us a call to see how we can resolve your issues.



Craigshannoch, Alford, Aberdeenshire, AB33 8EE
Tel: 01975 563411 Mobile: 07719 593 997
Email: info@espbookkeeping.co.uk
Institute of Certified bookkeepers - Practice no. 2519

Collections & Deliveries available by arrangement

www.espbookkeeping.co.uk

Thinking about new or replacement blinds?

Dee Valley Blinds would welcome the opportunity to provide advice and a quotation. To arrange a home visit call:

BANCHORY: 01330 509014 ABERDEEN: 01224 418010 INVERURIE: 01467 809119



blinds for all situations!

ALL TYPES OF WINDOW BLINDS SUPPLIED & FITTED











VISIT OUR ONLINE SHOWROOM AT www.deevalleyblinds.co.uk Email: info@deevalleyblinds.co.uk





Providing Quality Veterinary Care,

Advice & Treatment for Small

& Large Animal.





RCVS ACCREDITED HOSPITAL
24 HOUR EMERGENCY SERVICE
EXPERIENCED VET SURGEONS
FRIENDLY AND DEDICATED TEAM
PET HEALTHCARE PLANS
VISITING CONSULTANTS
ANIMAL DENTISTRY



Call us today at our Kingswells Hospital: 01224 740700 | Bridge of Don: 01224 826121

We are available 24/7 for Emergencies and Advice. www.ardenehouse.co.uk







Clothing Repairs, Hems & Alterations. Westhill.

- Do those new jeans need shortening?
- Would your dress fit better if it was lifted at the shoulders?
 - Are those suit trousers too tight?



Help is at hand to arrange a solution, contact...

T: 01224 745444 E: annefell9@gmail.com



Eitnoss

Personal Training

Wellness

Energy. Weight loss. Weight gain. Improve Sports Performance. Tone up/gain Muscle



We can help youachieve your goals!

You will receive a Free Wellness
Profile along with coaching and full support.

Beauty.

Guinot Facials. Jessica Nails. Waxing. Tinting. Massage.
Make-up

All your beauty requirements in a professional friendly environment.

For more info contact Fiona on **07764861134** or enigma.hb@btinternet.com Or visit **www.fionairvine.com**









Baby and Toddler music classes!

Have fun with your little one and help develop their · CREATIVITY · CO-OPERATION · LISTENING · COMMUNICATION · LANGUAGE

with songs, rhymes and moving to music, plus lots more fun stuff!

For ages 4 months to 3 years

Classes:

Westhill Community Church Wednesday mornings

Please contact Sally to book your place

Tel: 07707 875056

Email: sally.lowe@musicalsteps.co.uk **Facebook: Musical Steps Westhill** www.musicalsteps.co.uk

מממממממממממממממממממממממ

Interior Blinds by Blinds Direct

15% OFF

all orders

FREE Quotation and Fitting

Specialists in

Conservatory Blinds • Verticals

Rollers • Wood Venetians

Romans • New Intu Blinds

Pleated • Velux

Blinds Direct will guarantee to beat any like for like quote!

Contact:- Nicol Meldrum, 30 Coull Green, Kingswells, Aberdeen, AB15 8TR blindsdirectaberdeen@googlemail.com 01224 745759 • 07941 704506 www.blindsdirectaberdeen.com



KUT-AND-STRIM

- Grass cutting, strimming
 - Weeding Pruning
- General garden tidy-up
- All garden debris removed



Call 07816 323216 if you need:

- Maintenance all summer
 - One-off garden tidy
- Holiday cover Between leases

HOLIDAY APARTMENTS

Looking to rent a luxury self-catering apartment for your next holiday?

5 Star Apartments to let across the world

See www.theregistrycollection.com or www.clubparadiso.com

Full leisure facilities on-site at most locations

From £400 per week

Phone David on 01224 744058



danscentre

@ Danscentre, Cults, Westhill Kingswells, Culter, Craiglebuckler



RAD & SQA **Qualified Tuition** MteMporal o

www.danscentre.com

Main hub - 89-91 Hutcheon Street | Aberdeen | AB25 3RS

DOGGYDUDES is a newly opened dog grooming salon. Located at Elrick, Westhill, Aberdeenshire.

Most breeds of dogs are catered for and with just one dog being taken at a time, you can be sure that your pet will receive a very personal and professional treatment.



Tel: 01224 744 279

Mobile: 07834 974 180



WWW.DOGGYDUDES.CO.UK



WPJ Mortgages & Financial Services

"ARE YOU PAYING TOO MUCH % ON YOUR MORTGAGE???"

MORTGAGES LIFE INSURANCE HOME INSURANCE

LOANS CRITICAL ILLNESS * ESTATE PLANNING

BUY-TO-LET * INCOME PROTECTION * DEBT SOLUTIONS

LANDLORD INSURANCE UNEMPLOYMENT COVER * TRUSTS & WILL MAKING

For your FREE Review contact our Financial Adviser

Edward McDougall CeMAP

Office: 01224 279672 Mobile: 07889 692222

Email: eddiemcdougall@talktalk.net

*Some of our products and services shown above are not or may not be regulated by the Financial Conduct Authority.

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE.

WPJ Mortgages and Financial Services is an appointed representative of The Right Mortgage Limited, which is authorised and regulated by the Financial Conduct Authority.



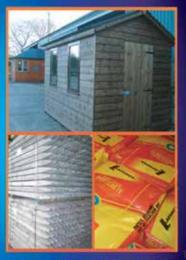
www.midmartimbercentre.co.uk

MIDMAR TIMBER CENTRE

Smiddy Croft, Comers Road, Midmar, AB51 7PS

**TIMBER PRODUCTS & BUILDING TIMBER

- FENCING & POSTCRETE
- GARDEN BARK
- SHEET MATERIALS
- DECKING
- CHIPBOARD FLOORING
- PLYWOOD
- PLASTERBOARD
- WEATHERBOARDING
- INSULATION
- PALLETS, CRATES & BOXES
- ROOFING FELT



GARDEN SHEDS, SHELTERS, MOBILE FIELD SHELTERS

Timber cut to size • Competitive prices • Delivery available •



Tel/Fax: 01330 833581



HERBER!

Book Online

Portlethen & Westhill Salons!

Quality Barbering at Affordable Prices

www.thehappybarber.co.uk

The Happy Barber provides all aspects of gent's hairdressing at affordable prices in our state of the art salons.

Walk-in and experience high quality barbering from our friendly qualified personnel.

We also cater for boys, with a sports car for the younger ones to sit in and a child's chair for the older ones. With DVDs to keep them entertained while having their hair cut, along with sweets and a sticker to reward them when they leave; we aim to make your child's visit a happy one.

We look forward to seeing you soon!

326 King St. AB24 5BJ

01224 379912

535 Great Western Rd. AB10 6PE 01224 379155 Mason Lodge, Skene Westhill, AB32 6RN 01224 743288 Unit 2, The Green, Portlethen, AB12 4UN 01224 379200



- Karndean Amtico
- Laminates Wood Floors
- Pergo
- Blinds
- Professional and Friendly Service
- Wide Range
- Competitive Prices

The Flooring Lodge

Mason Lodge Skene Westhill Aberdeenshire AB32 6XR

Tel: 01224 744333 Fax: 01224 744388

Email: sales@theflooringlodge.co.uk

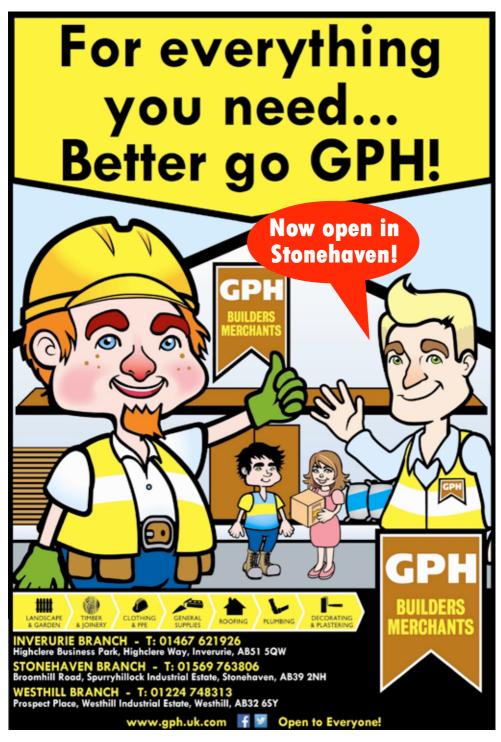












Skene Committee of Macmillan Cancer Support

The committee would like to thank everyone who supported the house-to-house collection in April. The total raised was £2,684.

The annual Macmillan Walk in May, at Kirkton of Skene, raised £1,454.

The Skene committee was once again represented at the Westhill Gala, where our annual raffle was launched. Thank you to all who came along and supported us on the day.

A stall at the Echt Show on Saturday 11th July, selling merchandise, home bakes and produce, together with the usual tombola and prize games raised £458.

As part of the "World's Largest Coffee Morning", the Skene Committee will host a coffee morning at Lyne of Skene Hall on Saturday, 26th September from 10am–12 noon. Teas, coffees and home baking will be served and there will be the usual stalls. Entry is by donation and all are welcome.

If you are having a coffee morning at your home or work place, then perhaps you would like the money to be passed on via our committee. By doing this, the money can be directed for the use of patients in our local area. Remember please, that any donations given with gift aid should include the donor's home address and the form written in the donors writing.

Thank you to all who support our fund raising events. If you have a little time to spare, why not join in our fund raising activities – contact 01330 860226.

Follow Macmillan on our Facebook page by going to www.facebook.com/skenefundraising or by searching for Skene Fundraising Committee – Macmillan Cancer Support on Facebook.

Kath Macbeath (Skene Committee of Macmillan Cancer Support)

Westhill District Amateur Swimming Club

With the Summer holidays a distant memory the new swimming competition calendar starts in September for our club. This is a busy month as we host the popular 'Minnows Meet', a competition for our younger swimmers which for many could be their first taste of a real competition. We try to make it as fun as possible and many local clubs come to compete at Westhill for this event. Swimmers will also start travelling to other local pools as far as Fraserburgh, Buckie or Inverness giving them great experience swimming in a different environment and meeting swimmers from other clubs. Over the year they will meet the same competitors at different events; good friendships are formed even though if racing against each other and 'the gloves are on' for a few minutes!!

Swimming is a great sport to get involved in and if you're aged between 7–11 years and would like more information about joining our competitive swimming club please contact Mrs Sam Louw at membership@westhilldistrictasc.org.uk.





Sunday Services

10.30am - Morning Worship

Crèche (crèche room, downstairs)
Roar! (P1-7, upstairs)
Alive! (S1-S3, upstairs)

6.30pm – Soul (S1 and up)

6.30pm for 7pm start

– Evening Service

For further details please contact the Church Office (01224) 740291 or email: thechurchoffice@btinternet.com
For room hire call the Church office or email: WCCbookings@gmail.com



What is Sozo?

Sozo is an inner healing ministry that seeks to improve your connection with God the Father, Son and Holy Spirit.

It aims to identify the root causes of the things that hinder this connection, to identify and heal past wounds, replace lies with truth and close doors to the

enemy. We aim to connect you to the Godhead in a more intimate way.

The Session will last 2 hours, if you need longer after 2 hours we will book you another session. In the USA the Sozo ministry is based in Bethel Church in Redding, California and is led by Dwana DeSilva and Teresa Leibscher.

How to book a Sozo Session

Appointments are made through the Church Office and can take place in the daytime or evening. There is on online application on our church website www.westhillcommunitychurch.org



Open Tuesday to Saturday 10:00am to 3:00pm



The Alpha Course

An opportunity to discuss the big questions of life. Alpha is an opportunity to explore life and the Christian Faith, in a friendly, open and informal environment. Alpha has around ten sessions and involves food, a short talk and a discussion at the end where you can ask any questions and share thoughts. Our next Alpha course starts in **September 2015**. Registration forms are available from the Church or online at www.westhillcommunitychurch.org

CARE IN THE COMMUNITY

Practical Care

Our Practical Care Team co-ordinate any help needed in our community. They have a skills register with the names of people within our church who can share practical help and skills with others.

Support for the Bereaved

We have people who are able to come alongside those who have been bereaved.

They are not trained counsellors but ordinary people who have themselves travelled through that difficult journey of grief and loss and who are now better equipped to understand, help and support others.

Befriending Service

During times of crisis or difficulty we all need a friend; someone who is able to come alongside us, someone who will listen and care and someone we can feel safe with – or maybe we simply need someone with whom we can have a chat and a coffee.

A befriender is someone who is good at being a friend.

Contact

Mrs. Heather Ferguson, Home Tel: 01224 740007 Email: heatherferguson@westhillcommunitychurch.org

Street Café

We gather on the Streets at the Westhill Shopping Centre twice a month to give out free hot chocolate and biscuits!

Come hang out with us! Upcoming dates: 21st August, 4th September, 18th September, 2nd October, 30th October, 6th November, 27th November, 4th December, 11th December

Life Café

Each month we run a Life
Café event in the Ashdale Hall in Westhill! It is
a relaxed Café drop in for young people in the
community with a cut price tuck shop, free hot
chocolate, video games on big screens, pool,
table tennis and more! It is Free Entry! Next
events on: 28th August, 25th September, 9th
October, 20th November, 18th December

DNA

A number of our young people have undertaken a DNA gap year. To find out more look at www. dna-uk.org and if you are interested get in touch via the Church office.

Somebody Cares

Westhill Community Church support Somebody Cares in Aberdeen by taking monthly collections of non perishable food and toiletries which are then distributed to those in need by the charity. For more information about Somebody Cares go to www.somebodycaresuk.org



Youth Alpha Film Series: Starts 20th September; Sunday nights @ 6:30pm upstairs in WCC.

ASPECTA Building Design

- ▲ Alterations & Extensions
- ► Architectural Services
- ▶ Planning Approval
- Building Warrant
- ► Project Management
- ► Free Initial Consultation

Graeme Thom

m:: 07971 194 770 graeme@ASPECT-bs.com

www.ASPECT-bs.com

Aberdeenshire AB32 6RX t :: 01224 746 855

The Old School

GARLOGIE Westhill

ASPECT Chartered Surveyors

D.S.L. Taxi Westhill

In Westhill, For Westhill

- Licensed to carry6 passengers
- Local Hires Welcome
- Rail & Airport Runs
- Daily & Weekends
- Credit Cards Accepted

Call Derek: 01224 742369 Mobile: 07973 851635

A CUTE CUT

DOG GROOMING
by WILLIE



Your Place or Mine

22 Davah Road, Inverurie Tel. 01467 621892 Mob. 07789 038347

Tim Dean BSc MRICS Chartered Land Surveyor



Westhill Aberdeenshire Tel 07740-864036 Email - timjdeanmobile@yahoo.co.uk www.dimensionalsurveyanddesign.co.uk



Based in Westhill Aberdeenshire, we provide the following Land Survey services across Scotland and The Islands

- · Land & Topographical inc. Farm surveys
 - Garden and Land Parcel surveys
 - Ditch Profile and Level surveys
- 3D Spatial Data Collection and Monitoring
- · Services to Oil and Gas and Civil Sectors

Using the latest non-contact laser and GPS survey equipment VAT REGISTERED No. 905 1846 31 REGISTRATION No. SC320559



We are a friendly playgroup that currently has limited spaces available for children aged between 2½ and 5 years old (funded places available for 3–5 year olds).

We meet weekday mornings between 9.15 am and 12.25 pm in the Milne Hall, Kirkton of Skene, less than a mile outside Westhill.

Our Qualified Staff provide a varied and stimulating environment catering for each age and stage of development following the Birth-to-three, A Curriculum for Excellence and A Curriculum Framework 3–18. We also cater for Pre-school children.

Call Corinna for more info, or to arrange a visit, on 07789 871601

email: kirktonofskeneplaygroup@hotmail.co.uk

Westhill Guitar Studio

Guitar Lessons

Recording Sessions

Guitar Setups

Barry Dodds Tel: 742493

http://westhillguitarstudio.co.uk



CARING FOR YOU - FROM TOP TO TOE

PODIATRIST & CHIROPODIST - TRACEY WHITE, HILARY BLAIN,
& JOHN DARLINGTON BSCHONS, MCHS HOME VISITS AVAILABLE

hcpc:::::

PHYSIOTHERAPIST - ANNETTE MACPHERSON BSc HONS, MCSP, HCPC, AACP, APPI

LAURA MACPHERSON MSc. MCSP. HCPC

PILATES CLASSES AVAILABLE - PLEASE CONTACT CLINIC FOR MORE INFORMATION

CHIROPRACTOR - MATTHEW BARKS MCHIRO, MRCC

MASSAGE THERAPIST - CLAIRE KELLY DSM, DOSM, MASC, SMTO & RICHARD THOMPSON FHT, REPS

REFLEXOLOGY - KATE MCCALLUM DSM. DSRM. DOSM SMTO

DIETITIAN - MARIA DOW MSC, RD, MBD

WESTHILL SHOPPING CENTRE 01224 740885

WWW.WESTHILLHEALTHTHERAPIES.CO.UK WESTHILLPODIATRY@GMAIL.COM

SAJI DRESS & CURTAIN DESIGN

EXCLUSIVE DRESSMAKER



Design & make all types of dresses, curtains & alterations

Sajidah Poole

9 Hilltop Crescent, Westhill, Aberdeen, AB32 6PJ

> Tel (01224) 743146 Mobile 07870548308

Email: sajidressdesign@btinternet.com www.sajidressdesign.cjb.net

Plastering

Tanin

Taping

- - -

Tiling

Artexing

Cornice Work

Contract & Private (no VAT)

Abby Birnie

t: 01224 744 174

m: 07950 736 734

e: abbybirnie@yahoo.co.uk

KEVIN ALLAN

PAINTER + DECORATOR

Interior & Exterior

Private & Commercial

Free estimates

Tel: 01224 743241

Mobile: 07753 380852

email: kev.m.allan@googlemail.com



Serenity Nails

11 Keirhill Way, Westhill, Aberdeenshire, AB32 6AX

Fully qualified nail technician based in Westhill.

Manicures/Pedicures Acrylic / Gel Extensions Shellac / Gellish Vinylux Nail Art Bridal Packages

Treatments start from as little as £5, something for every budget! So why not treat yourself or someone special.

> To make an appointment call 07513 713 770 or visit Serenity Nails on Facebook

B & K Davidson



t/a Culter Electrical & Plumbing Electrical Plumbing & Heating Contractor

A professional and reliable service from a business with over forty five years experience in the industry

Heating servicing and repairs (most boilers)

Natural gas and LPG boiler replacements

Central heating and electrical fault finding a speciality

Most types of heating installations and repairs

Electrical work – commercial and domestic

Most plumbing installations and repairs

Oil boiler servicing and repairs

Mobile 07711 222804 Tel 01224 732086 42 Dalmaik Terrace, Peterculter, Aberdeen, AB14 0TR Email: brian.ceps@gmail.com

WESTHILL A2B

The easy way to get from A to B in the Westhill area

A2B is a demand responsive door-to-door bus service and operates differently to other public bus services you may have used before. The bus is wheelchair-accessible and easily recognisable. The service operates Monday to Friday, 9am–5pm and Saturday 9.30am–2pm.



Enquiries

The service is open to anyone living within the Westhill area but passengers must register first to access the dial-a-bus. If you have any queries, wish to register or to check if you are eligible for the service, please call our general enquiries number on **01224 664747** between 9am and 5pm, Monday to Friday. You can find out more about the service on: http://www.aberdeenshire.gov.uk/publictransport/a2bdialabus/index.asp.

Booking Trips

All trips are pre-booked by calling the booking hotline on **01224 665599**. You can book trips up to 1 week in advance (or 2 weeks, if travelling for a medical appointment). Same day bookings (excluding Saturday) are accepted but we require a minimum of 1 hours notice.

At the time of booking we will confirm your trip times. If we cannot provide the exact time that you are looking for we will offer you the nearest available time. If your trip is time-critical, for example: if you are attending an appointment or connecting to/from another bus service, please let us know when booking.

We kindly ask passengers to be ready 10 minutes before your pick-up time.

We have a designated cancellation line which is available to leave a message on at any time of the day or night. The cancellation line is **01224 665580**.

Cost of Travel

A wide variety of tickets are available and fares are similar to other local bus services. Trips are free for people holding a Scotland-wide free bus pass.

WESTHILL AND DISTRICT MEN'S SHED

Men's Sheds continue to grow rapidly in Scotland with over 40 on the way to opening and around 6 others already open. We in Westhill have taken many visits from other Sheds and several have come back as they get so inspired by seeing a working Shed already running. Jason Schroeder will be continuing to work for the next 18 months on Sheds in Aberdeenshire and from Westhill we have been out to Inverurie and Portlethen and further afield to Fort William and Orkney, while by phone all over the UK.

Parliament visit

We went to the Scottish parliament to tell MSPs about Sheds and encourage them to support Sheds starting up in their areas. We had 10 MSPs turn up on an unexpectedly busy Thursday and an excellent response from them all. Here is Jason with Dennis Robertson, Aberdeenshire West MSP who set up the room for us to use.

From October the Shed will be open an extra day (Thursday 10–4) due as they say to popular demand!

Nick Pilbeam – chairman Tel 01224 917345

contact@westhillmensshed.co.uk www.westhillmensshed.co.uk

Scottish charity SC042663





Worzel Gummidge's girlfriend at the Gala buying some of our turning



SOUTH WEST ABERDEENSHIRE CITIZENS ADVICE BUREAU (SWACAB)

Charity Number SC037679, Company Number SC365959

Increased client growth

Together, our team of generalist and specialist advisers – and the invaluable support team – work exceptionally hard to help our clients. Working to high standards of quality of advice, with very high levels of client satisfaction, the team is continuing to see an increase in client numbers. The first 3 months of this financial year has seen a 30% increase in activity over last year and this is the first year that we have not seen a reduction in client numbers through the school summer holiday period.

Pension Wise Guide

Are you aged 55 to 65, due to retire soon, and have a defined contribution pension arrangement?

If you are thinking of retiring within the next year or so, you really do need to understand the full implications of your pension choices in light of the major pension changes that came into force on 1st April. This includes the options available to you for your pension savings and, most importantly, to find out the potential pitfalls that lie in wait – and how to avoid them. Our Pension Wise Guide ensures that clients have increased understanding of their options and the questions to ask when dealing with pension companies and financial advisers.

Money Advice Service

The bureau has a fully trained specialist adviser who delivers a very wide range of advice to help clients manage their financial affairs. This national advice programme covers budgeting and managing money, debt and borrowing, saving and investing, homes and mortgages, work, retirement, insurance and much more.

Specialist Advisers

Whilst our volunteer Generalist Advisers are the initial point of contact for most clients we also have a growing cadre of specialist advisers, who see referred clients by appointment, for Welfare Benefits, Debt, Fuel & Energy, the Money Advice Service and Pension Wise. Together, our team of generalist and specialist advisers – and the invaluable support team – are working exceptionally hard to help our clients. This has led to a 40% growth in issues/actions completed in the financial year to 31st March and a further growth in Client Financial Gain to over £1.75 million for the year.

Banchory Bureau

Legal and other work is progressing to enable the bureau to open in the autumn. As well as generalist advisers, the new bureau office will also host our specialist advisers for appointments with clients.

Volunteers Required

To continue to help the growing numbers of clients that we are seeing, we need to recruit and train more volunteers to join our existing team, including Advisers, Administration/Reception staff, Board Members and Fund Raisers. Two full training programmes are run each year for advisers and appropriate induction and training for other roles. Our advisers and support staff are critical to the bureau, but so is raising sufficient funds to enable them to provide the invaluable service. Could you spare a few hours a week to join our fund raising team, knowing that your efforts help enable the bureau to function?

If you have a problem, need help or advice, or are thinking of volunteering, why not call the bureau on 01224 747714 to make an appointment. You have nothing to lose and you will be surprised by how much you will benefit.

The Bureau Opening Hours in Westhill are:

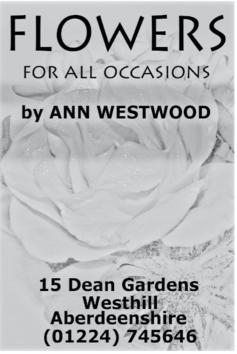
Tuesday and Wednesday 10 am to 3 pm (appointment or drop in)

Thursday 10 am to 3 pm (appointment only)

Friday 11 am to 4 pm (appointment, plus drop in from 1 pm)

We also have advice outreaches located in Banchory, Aboyne, Tarland, Ballater, Braemar, Alford and Lonach, all by appointment only. Please call 01224 747714 to book an appointment or visit our website www.westhillcab.org for further information.







Stuart Grassick

General Builder, Westhill

Stonework Roughcasting

Extensions Patios / paving

Concrete work Drainage

Underpinning Floor tiling

Hard and soft landscaping

Tel: 01224 741 380

Mob: 077 80 530 644

E-mail: stuart.grassick@hotmail.com





Westhill Walkers

Open to all no matter what your age or ability

Unfortunately we still seem to be waiting for summer which seems to have forgotten to visit the North East. The lack of sunshine hasn't deterred us and we have been out and about enjoying the fresh air and scenery. Recent walks have varied from the bagging of several munros to gentle evening walks in the grounds of local castles with walks for all abilities in between. We enjoyed a weekend visit to a hostel in Comrie and also held a repeat of our annual BBQ weekend at Muir Cottage near Braemar.

Joining a walking group is a great way of discovering new walks in the area with a leader to make sure you don't get lost. Our group was established many years ago when Westhill was just a relatively small community. The town and its population have grown considerably since then but we still retain some of our original members.

We meet on alternate Sundays all year long. In the summer we have two grades of walk to cater for all tastes and abilities. In addition we also have two or three weekends away enabling us to sample the walking in a new area. We also have a variety of social activities such as a highly popular ceilidh, a not too serious quiz night, bowling etc.

We have welcomed several new members this year and would be delighted to welcome more. Why don't you come and join us? No need to be a resident of Westhill and you are free to try a few walks with us before you join the club. There are no restrictions on age or ability but under 16s must be accompanied by an adult.

For further information please contact Lin (01224 740165) or Tony (01224 740505) or have a look at our website at westhillwalkers.wordpress.com/

Some forthcoming walks – please join us and be sure of a very warm welcome. More details can be found on the web page.					
Sunday 6th Sept	Orienteering/navigation A new idea for the club - an opportunity to combine practising/learning navigation withan enjoyable walk. More details to follow.				
Sunday 4th Oct 09.00	The Buck of Cabrach An ascent of The Buck from Powneed Farm just south of Cabrach. Can you find the stone with the Pictish carvings?				
Sunday 18th Oct 09.00	Forest of Birse/Glencat Circular Across heather clad moors with great views down the valley of Glencat and then up Carnferg before joining The Fungle, an ancient drove road.				
Sunday 1st Nov 09.00	Cairns of Balmoral A repeat visit to seven of the cairns of Balmoral erected to commemorate members of the British royal family.				
Sunday 15th Nov 09.00	Tom's Cairns/Finzean/Feughside Circular A new walk for the club passing a megalithic cairn and a standing stone.				



Milne Hall, Kirkton of Skene

The Summer Ceilidh in June was a fantastic success with the great young band 'Langavats'. It will likely be later in the summer before the hall group holds another event, but the hall continues to be in daily use. Keep an eye on our Facebook page.

Regular activities:

- A Social 'Tea Dance' Group meets on Tuesday afternoons 2-4.30pm.
- Jazzercise, 7.15–8.15pm every Thursday.
- Children and young adult Highland dance classes on Friday evenings.
- Skene Pre-School Playgroup Mon–Fri mornings during term time.
- Skene Women's Rural Institute 1st Wednesday of each month. Phone Mary Gray – 01224 743285 (bookings).
- Westhill Sooyang Do martial art group hold classes for children and adults on Monday evenings. Phone Chief Instructor Dave Bremner: 07970 188825.
- · Indoor bowling restarts in the early autumn.
- Skene Youth Club for Primary 1-7 restarts in October.

Milne Hall Management Committee is registered as a charity (SC045034). If you feel you could contribute in any way in looking after and improving the hall, you will be made most welcome. Please contact 01224 742804.

Steve Cole

Pam Dignan Dancers

At beginning of June the Pam Dignan Dancers entertained delegates from South Africa, New Zealand and Canada who were attending a Conference at the James Hutton Institute in Aberdeen.

The first week of the holidays they danced at Crathes Castle for delegates at a conference organised by North Sea Conference & Journal Ltd.

In August they danced for the residents at Cowdray Care Home in Aberdeen.

Pam taught Highland Dancing at the RSCDS Summer School in St Andrews for two weeks in August.

Annual Concerts – 5 and 6 September at the Ashdale Hall. Tickets will be available at the rehearsal on Sunday 23 August 2–5pm.

Pam Dignan, tel 01224 741078, pamdignan.dancers@btinternet.com

WESTDYKE LEISURE CENTRE

4 WESTDYKE AVENUE, WESTHILL • TEL (01224) 743098 westdykeleisure@btconnect.com

Mini-Kindergym

A fun and stimulating parent and child exercise class for children aged 12-24 months. Developed to encourage toddlers' co-ordination and social skills. Stimulating equipment is used including a ball pool, soft play, climbing frame, trampoline, parachute, etc.

Friday: 9.30 am (crèche available), 10.30 am, 11.30 am

Kinderavm

An exciting structured class for children aged 2+ to encourage co-ordination, balance, confidence, social skills, etc. A large range of stimulating and challenging equipment including beams, a climbing frame, jumping box, trampoline, parachute, etc.

Wednesday: 1.00-1.45 pm, 2.00-2.45 pm Thursday: 9.30-10.15 am, 10.30-11.15 am, 1.00-1.45 pm, 2.00-2.45 pm – crèche is available in the afternoon on both days

Jumping Jacks

An exciting, imaginative, structured class for pre-school children who attend on their own. Classes help to develop children's co-ordination, concentration, balance, basic gymnastic moves, etc. **Tuesday: 10.00-10.45 am, 1.00-1.45 pm, 2.00-2.45 pm**

Gymnastics

Recreational classes teaching primary aged children bar, beam, box and floor work.

Monday: Pr2/3 4.00-4.45 pm, Pr3/4/5 4.45-5.45 pm, Pr5/6/7 5.45-6.45 pm

Tuesday: Pr1 3.45-4.30 pm, Pr1/2 4.30-5.15 pm

Fitkids

Fun packed fitness class suitable for primary 1-3 children. Lively class based on traditional and new games. **Wednesday: 3.30-4.10 pm, 4.10-4.50 pm**

Toddlers

A large range of toys and equipment set up in a large hall, tea and coffee available in our coffee room. **Monday morning from 9.30-11.30 am**

Indoor Bowling

Four large carpets available on a Monday afternoon 1.00-3.30 pm. A warm invitation is extended to both beginners and experienced players. Bowls are available if required.

New members welcome.

ALL CHILDREN'S CLASSES ARE LED BY QUALIFIED, EXPERIENCED COACHES MEETING ROOMS AVAILABLE FOR HIRE DURING THE DAY AND IN THE EVENING GYM HALL AVAILABLE FOR PARTIES SATURDAY/SUNDAY

OUTSIDE LETS INCLUDE: Westdyke Boys Football Club,
Aberdeen Youth Rugby Association, Westhill FC, Sooyangdo, Brazilian Football,
Men's Indoor Football and Pilates.

DENMAN PLAYGROUP

Mon-Fri 9.15 am-12.25 pm, Age 2.5-4 years.

Our qualified staff run a warm and welcoming playgroup offering a fun environment, catering for each child's individual needs.



LEARN TO DRIVE

Friendly Local Instructor

From Beginners to refresher lessons, we have a course to suit you

- Driving tuition to suit your needs
- Intensive driving Courses
- · Help with theory training
- Discounts for block bookings
- · Manual or Automatic driving lessons

Driving Lessons are a perfect Birthday present.

Vouchers can be for any amount of Lessons just call or E-mail for details***

Contact Steve Strachan on 01224 747807 or 07816 449106

spectrumdrivertraining@outlook.com





All types of Architectural Drawings for Planning and Building Warrant approvals including:

- Sun Lounge Extensions
- Kitchen Extensions
- Garages
- · Family Rooms
- · New House Designs
- Small Housing Developments
- . Steading Conversions

Member of Chartered Institute of Architectural Technologists with 30 years experience in the building industry

Mike Mair Architectural Services, 2 Harvest Hill, Westhill, Aberdeen AB32 6PU Tel: 01224 741701 Mobile: 075311 49780 Email: mike.mair@btinternet.com

www.mmairarchitectural.co.uk

DIGITAL PHOTOGRAPHY CLASSES

A 10 week class focusing on taking photographs and learning photography through guided practice with continual constructive reviews of your work.

The chance to learn more about your camera's settings, and have a laugh with like minded people in a light hearted fun way of learning.

Suitable for all levels and any type of digital camera.

New session starts the beginning of September - for more information and dates please contact:

simon@simonhallphotography.co.uk

SIMON HALL

PHOTOGRAPHY

WESTHILL FENCING AND DECKING

WHATEVER YOUR FENCING AND DECKING NEEDS

- DECORATIVE/SECURITY GARDEN FENCING
 - LAP PANEL FENCING
- STORM DAMAGE REPAIRS AND REPLACEMENT
- WOODEN GATES, STEPS, HANDRAILS AND TRELLISING
 - BESPOKE GARDEN DECKING DESIGNED AND BUILT

ALL MATERIALS TANALISED AND PRESSURE TREATED
OVER 15 YEARS EXPERIENCE

CONTACT ROGER BENTON:
01224 791646 or 07711 501795
EMAIL: thehandymancan@hotmail.co.uk

CRESCENT CARS

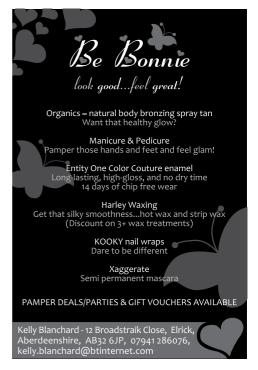
Based in Westhill, Crescent Cars offers a private hire taxi service. Our vehicle can accommodate up to 6 passengers and is ideal for all groups, whether you are looking for an airport transfer or a trip to the theatre you can rely on Crescent Cars as the dependable option.

Please visit our website to view our other services:

www.crescent1.co.uk

Please direct all enquiries to Evan Watt on 01224 744677 or email evan@crescent1.co.uk

- Private Hire Taxi Business Travel
 - · Chauffeur Drive Service
- Bespoke Tours
 Local Guided Tours
 - Whisky and Castle Tours
 - · Sporting Events, Golf Tours





Píano and Voíce by Jessica

§ Build your confidence

& Expand your skills

Learn to sing or play the piano today!

Jessica Tough (BA Hons in music) – 07445 227007

FaceBook – Piano and voice by Jessica



The Garlogie Inn

Garlogie Village, Aberdeenshire, AB32 6RX

(3 miles west of Westhill, on the B9119 Tarland road)

Rural country restaurant which has been run by the Quinn family for 30 years

Morning coffee, lunches served daily from midday

Early bird evening and dinner menu from 5.30pm

Children's play area, ample car parking

Call 01224 743212 for reservations www.garlogieinn.com

Bob Owen – Arctic Convoy veteran

The Men Shed article in Summer Bulletin included a reference to Westhill resident and Shed regular Bob Owen. Bob had been featured in the P&J in April about his wartime experiences on the Russian Arctic convoys. Bob and 30 other veterans of the convoys were invited to St Petersburg by the Russian government to mark the 70th anniversary of VE Day on 8th May.

We thought it would be good to tell more of Bob's remarkable life story and his experiences on the Russian convoys.

Bob's family home was in London. He left school in 1939, went on his first holiday and got back the day before war broke out on 3rd September. He joined the Royal Navy in 1941, aged 15, and was assigned to HMS Anson at the start of 1942. His memories of the newly built battleship and life on board it are still pin sharp. He said: "We used to muster on the upper deck at 8am every morning on the Tyne. We were there one morning when there was a huge explosion in the river. They reckoned a mine had been dropped and of course we all flattened on the deck. That was my first taste of war. Once we had finished our trials we went into Scapa Flow and started in the Russian Arctic Convoys. We used to patrol behind the convoys up and down the Norwegian Coast." HMS Anson assisted a total of nine Russian convoys between 1942 and 1943, sailing along the treacherous coast of German-occupied Norway, where Nazi warships loomed around every fjord. As a seaman, Bob's first job was as a forward look-out. He later progressed to the ranks of ordinary seaman and torpedo man. He recalls grueling conditions and little in the way of comforts. "The upper deck would be just covered in ice, mostly about 16in thick" he said. "I remember how cold it was, the sea was solid and we had ice flows going on. It was often -30C." He and his shipmates lived under constant threat of torpedo attacks from German ships. The convoys sailed from North America and Iceland to the ports of Arkhangelsk and Murmansk, in Russia, carrying vital supplies to the Soviet Union. More than 3,000 seamen

lost their lives in the freezing conditions, and attacks by German submarines. The convoys were considered suicide missions, and Winston Churchill described it as the "worst journey in the world".

Following the Arctic Convoys, Bob took part in others across the Atlantic and patrols in Gibraltar, North Africa and West Africa. By the end of the war he was a leading torpedo operator, and in total he served 15 years in the Royal Navy before pursuing a career as a computer engineer. He married wife Vera – who died two years ago – in 1946 after meeting her in Eastbourne. And while he misses the camaraderie of life on the high seas, he has found a "new lease on life" on the brink of his 90th birthday thanks to the workshop and social area at the Men's Shed.



1st WESTHILL SCOUT GROUP

Charity No. SC017801

/////////

1111111



At time of writing we are in the School Hols and so far a very mixed bag of weather! Hot then thunder then cold with rain and at the moment it's overcast and grey and quite chilly.....

The Group is on holiday too with our Group Scout Leader in Japan with the Scottish Contingent made up of Explorer Scouts, Young Leaders and the Service Team – from the photos on facebook they look to be having a great time.

Our Family Camp has gone into the annuls of Group History as one of the good ones, the weather was good and all had a super time with the various 'bases' to 'play' on! The Monkey Bridge appeared to be well tried and the youngest children (with Dad to help) were very brave to go across.

As all the Sections are on holiday there is not much to say for this issue so here's some photos below.



As you can see there was much fun and games at the bi-annual Family Camp – hopefully the next (2017?) will be so well attended and the Beavers, Cubs, Scouts and their brothers and sisters and parents will have just as good a time.

If you are new to the town or been here for a time, been a member of the Scout Movement or maybe fancy finding out more of what we do in 1st Westhill Scout Group – give us a phone:

GSL Chris 01224 746773 – AGSL Norman 01224 740795 or email westhillscouts@hotmail.co.uk For Waiting List – Jackie 01224 744535 email jacq.pop@gmail.com For Party/Short Time Lets – Carole 01224 740795 email westhillscouts@hotmail.co.uk



Website www.westhillscouts.co.uk

"Westhill Scout Group facebook"



The Rotary Club of Westhill & District

The months of May and June are frenetic as far as our activities are concerned, which include Kids Out Day, BA Weekend, Westhill Gala and all the associated events and Line Dancing duties. However, despite a full programme, Westhill Rotarians took up the challenge this year of planting and hanging 64 baskets in Westhill and Elrick. Hopefully, this will add extra colour to the streets of our community through the summer and autumn period.

The Club's year end culminated with a hand over dinner at the Holiday Inn on 27th June. President John Fraser presided over the event and said that the Club had enjoyed a very successful year. Income of some £35,000 had been processed during the course of the year, which emanated from fund raising, donations and value attached to recycling the contents of first aid kits. Kevin McCormick, representing Archie Foundation at the dinner, was presented with a cheque for £5000. Other major donations made



John Fraser and Colin Currie

during the year were £2250 to the Horizon Trust, £1000 to Little Drops Charity and £9170 for the purchase of 16 Shelter Boxes. We are greatly indebted to the anonymous donors and to Skene Parish Church, which enabled us to make this magnificent contribution towards disaster areas around the world. In addition, smaller donations totalling in excess of £15,000 have been made to numerous charities and good causes.

The Rotarian of the Year Award was presented to John Fraser and this was richly deserved for the manner in which he led the Club throughout the year. The Rev Matthew Rodger was the recipient of a Paul Harris Fellowship Award in recognition of his work in introducing and encouraging the playing of chess in Primary Schools in Westhill and District. Rotary Foundation Certificates of Appreciation are awarded to companies who make significant contributions to the work of Rotary and the recipients were: Car and Van Hire, Practical Car and Van Rental, Epic Ltd, Scots Bearings, Sign Designs and Westhill Marketing. The awards were presented to the principles of the companies, viz. John Fraser, Ian Traquair, David Jackson, Ron Murdoch and Eddie Douglas respectively.

Our successful year was only made possible with the strong support received from the local community and we would wish to extend our sincere appreciation to everyone who has helped us throughout the year.

At the end of the evening, John Fraser handed the presidency to Colin Currie and he wished him every success for the year ahead.



Skene Parish Church

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me — watch how I do it. Learn the unforced rhythms of grace." (Jesus speaking in Matthew 11)

Recently I have been reading a book entitled, 'The Unhurried Life', by Alan Fadling. It questions the speed at which most of us live our lives and asks whether our drive to be productive leads us to miss out on what is most important. We burn out because we are trying to do so much. And when people ask us how we are – we say "busy" – as though it is a badge of honour.

The book explores Jesus' life and how he was never in a hurry. Yet he wasn't unfruitful! Jesus built in time with God his Father, time with friends and disciples, time for meals as well as time for miracles and teaching. He never gave the impression of being so busy that you couldn't approach him or interrupt him. We have a lot to learn from him.

Over the summer months we enjoyed the company of Cara Hughes, an intern from the USA. She, and four other students ventured here to learn more about parish ministry but also about how to live life well. Mentors and interns alike participated in a retreat. Time to stop, reflect, listen and to rest. Even just to get our minds quiet long enough to be able to hear ourselves think was tough. It is amazing how restless you can be because you are itching to get on with the next thing.

But when the restlessness ceased what an eye-opening experience. We became more self-aware and had a deeper sense of the presence of God. We each had a better perspective on the work we are called to do.

Autumn can be the busiest time in the year. After the enjoyment of holidays everything starts back with a vengeance. But what if the difference between reaching the end of the year in a healthy way or in an exhausted state lies in making time to reflect and rest? What if we were to do less but live more?

Our informal Café Worship (1st Sunday of the month, 7pm, Trinity Church) is designed to allow time to reflect and be still. Perhaps it is time to find space for it. Or for something else which allows you to hear the voice of Jesus in your life over and above the buzz of everything else. Following him means discovering life in all its fullness rather than in all its busyness.

More details can be found at www.skeneparish.com

Westhill and District Gardening Club

Monthly meetings are held on the third Wednesday of the month in the Trinity Church Halls. Tea and biscuits are provided at the conclusion of the evening's programme and all proceedings end by 9.30pm.

Future dates and topics for your diary are:

16th September – Update on the Therapeutic Roof Garden at ARI by Chaplain James Falconer

21st October – Annual Inter Club Quiz with Graeme Strachan, RHSA, as Question Master

18th November – The Annual Members Photographic Competition judged by our speaker Simon Hall who will also give us a few hints and tips on how to improve our skills

9th December - Festive Floral Arrangements by Ann Westwood

The club meetings are always open to visitors or new members at any time.

For further information please contact David Dolman, Secretary, W&DGC, tel. 01224 742639, or send us an e-mail to westhillgardenclub@gmail.com

WESTHILL ART PROJECT

The Westhill Art Project (WAP) is a group of volunteers who are committed to promoting art in our community, enhancing our environment and encouraging civic pride. We are a subgroup of the WECC. If you have ever given a thought to who organises the bunting for Gala week, decorates the shopping arcade at Christmas, produces more than 600 egg decorations for Easter, persuades people to make Scarecrows, it is the WAP. You do know about us. You have taken part in these activities, as families or with Rainbows and Beavers and BB's and playgroups and so on.

What is next on the calendar? The WECC is considering the installation of a Public Art feature to mark the Gateway to Westhill & Aberdeenshire. See more details on page 4.

In the meantime, the WAP will be holding a Christmas Craft workshop in November. Some of us have not yet had our summer break and here is Christmas being mentioned, but we have to plan ahead. By the time the Winter bulletin is published, you might be too busy to think about helping to decorate our shopping arcade. We need you! We need your creative input. If you have any suggestions for a single theme this year – perhaps TREES or CHRISTMAS STOCKINGS or something else, we would love to hear from you. It has to be simple, so that it is easy for the youngest residents to decorate; it has to be made waterproof and windproof to survive the three weeks over the festive season; it has to be unique to Westhill – our own decorations, made by our community.

We will start the ball rolling after the October school holiday break. Look out for flyers, posters, and blogs on the WECC website. Let's make our shopping centre even more festive than it was for Christmas 2014, which was the first time the WECC had held such an event. It can only get better but we all need to pull together.

Rosemary Murray (WECC member/Art Project team leader) 01224 740644

The Physio Says - keep moving

Recently one of my patients asked me if physiotherapy has changed much since I started as a student, which I'd just told her was forty years ago. I answered that in some ways it has of course. The world is a different place when we think about how technology has developed, and its contribution to healthcare has been huge - MRI and CT scans, electronic record-keeping and communication, robotic surgical instruments. more sophisticated joint replacements, new drugs to ease pain and treat a host of problems. Some of the equipment we learned about as students is no longer used, like the heat treatment Short Wave Diathermy. One that is however is Ultrasound, which is still used to promote healing, and has more recently been found even to help fractured bones heal more quickly. Not long after I qualified the Ultrasound scanner was invented, now in daily use to see inside you. As a profession physiotherapy has also developed, having started out over a hundred years ago by the joining of two groups - nurses who were trained in massage, and exercise instructors (remedial gymnasts). Exercise and massage are still our core skills, plus a whole lot more now that physiotherapy is a degree course, teaching academic skills too, like how to conduct research. Inspiring leaders and clinicians are constantly researching and developing new ways to help our patients, and those of us working at the coal face learn about them on the courses we regularly attend, as well as in our journals. Every profession has to keep moving with the times, and mine is no exception.

Something that hasn't changed in a very long time though, is the human body. Physically we're still born to be hunter gatherers, having evolved to move in order to find food and stay off other animals' menu. That's why I believe that in order to stay healthy, 'keep moving' is what we should do. There are two challenges in our 'civilized' world however, which make staying fit and healthy more difficult. Firstly, our all too sedentary lifestyles. In our technological world, greater percentages of the population sit most of the day, in their car to get to and from work, at their computer all day, and at the TV in the evening. Secondly, there's an abundance of food that requires no physical effort to obtain other than walking from the car to the shop. Order online and you don't have to move at all! There is an enormous choice in our supermarkets, and our basic instincts to stock up on and eat high sugar and fat content food too often colour our judgement, and that results in an expanding waistline, and poorer health. So if this sounds familiar, do your best to make healthy choices of food and drink, and 'keep moving'. Walk or cycle to work (or park further away than usual), get up from your desk regularly, have a walk at lunchtime, use stairs whenever you can, go for a swim or to an exercise class in the evening. My apologies to those readers who already do these things, because I know there are a lot of Westhill residents who make every effort to stay fit and healthy. Keep it up (and keep moving).

The changes that I've seen over the years have resulted in new ways to add to the good old ones in helping people, all for the better. You can self-refer to an NHS physio as well as a private one these days. I've been a physio for a long time now, but I'm still here if you need me!

Heather Wood, Chartered Physiotherapist Tel. 01224 742139 www.heatherwoodphysio.com



DGC JOINERY SERVICES

Indoor and Outdoor Home Improvements,
Maintenance, Fencing & Decking,
Staircase Improvements, Loft Ladders Installed,
Windows, Doors, Skirtings, Facings, etc.
Domestic & Commercial
No job too small – Free competitive estimates
No VAT

Telephone 01224 745851 Mobile 07759 620923

Hypnobirthing

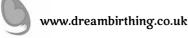
Group class now in Westhill

Try **hypnobirthing** for a more calm, comfortable and empowering birth experience.



Spaces limited so book now!

helen@dreambirthing.co.uk 07714 237105 www.facebook.com/dreambirthing







Blue Flame Heating (Grampian)

ex Scottish Gas engineers with over 20 years experience in the trade

Central Heating Installation
Boiler Replacements
Power Flushing/CH water treatment
All aspects of plumbing

For a local, friendly and reliable service call

Tel: 01467 622116 Mobile: 07882 780345

Email: blueflame.heating@btconnect.com

Corgi Registered

1st SKENE BOYS' BRIGADE

At the joint Junior / Company Section open night on 22nd May, Cameron Fraser and Calum Scott were presented with the Queens Badge, while Nathan Corr and Aiden Rorie were presented with the Presidents Badge.

Despite the high winds, we ran our Hot Dog Stall during the Westhill Gala where we were kept busy but also managed to chat with old friends and hopefully some new ones.

At the start of July, Company Section boys and Officers enjoyed a week of outdoor activities at our Annual Camp at Badaguish Outdoor Centre near Aviemore. The weather was not the best we have experienced in recent years but that did not prevent a full programme of activities including hill walking, mountain biking, canoeing, high ropes, raft building and an overnight expedition in the Cairngorms.

Photographs of camp can be viewed on www.1stskenebb.co.uk and our Facebook page. Our website and Facebook page always carries information and photographs of our activities and is updated on a regular basis. Please feel free to visit it at any time.

Looking ahead, enrolment for the 2015/2016 session starts at 7pm on Friday, 28 August at Trinity Church. Further information about this

evening will be circulated in due course. The following Friday the Anchor Boys meet in Trinity Church Hall and the other sections in Westhill Academy.

We have no 'Waiting Lists' and new boys will always be made most welcome on any Friday evening.

The Boys' Brigade caters for a wide variety of age ranges and in 1st Skene Company, we participate in a wide range of activities, not just at camp but throughout the year. Specific information can always be obtained from any of the sections leaders as below.

Section	Age range	Meeting	Point of Contact
Anchor Boys	Primary 1–3	Friday 6.30–8pm Trinity Church Hall	Ann Hudson 01224 740080
Junior Section	Primary 4–6	Friday 6.30–8pm Westhill Academy	Neil MacBeath 01330 860226
Company Section	Primary 7 upwards	Friday 7.30–10pm Westhill Academy	Donald Struthers 01224 742262

Donald Struthers, Captain www.1stskenebb.co.uk



SKENE MEDICAL GROUP PATIENT INFORMATION UPDATE

LAUNCH OF SKENE MEDICAL GROUP'S NEW WEBSITE

TAKE A GOOD LOOK! ...at our new website skenemedicalgroup.co.uk

You will find all the information you need on the Practice and the services we provide. There is also lots of useful Health Information and Advice and really useful Self Help pages

Welcome To

Dr Catherine Stone returns to the Practice as Associate GP

Dr Gary Ritchie joins as a new GP Partner

Seasonal Flu Vaccination Programme 2014/2015

Patients eligible for Seasonal Flu Vaccination this year:

- Over 65s
 Under 65s in an 'At Risk' group
 Pregnant women
 Carers
- 2-5 year olds (not yet at school) vaccinated in the Practice
- Schoolchildren aged 5–11 years (P1–P7) vaccinated at school

We normally start the Flu Vaccination programme at the end of September. Patients who will be 65 years or older on 1st September 2015 can start to contact the Practice to make their appointment from mid-September. All other eligible groups will receive a letter of invitation from the Practice, once received please contact the Practice to make your appointment.

Pneumococcal Vaccination 2015/2016

Patients who are eligible for the free Pneumococcal Vaccination:

- Over 65 years (if you have not had this vaccination before)
- Patients with immuno suppression (if you have not had this vaccination before) (If you are eligible you will receive a letter of invitation during August/Sept 2015)

Shingles Vaccination 2015/2016

Patients who are eligible for the free Shingles Vaccination this year:

- 70 years old born between 2nd Sept 1944 and 1st Sept 1945
- 78 years old born between 2nd Sept 1936 and 1st Sept 1937
 (If you are eligible you will receive a letter of invitation during August/Sept 2015)

RESULTS AND COMMUNICATION FROM THE SURGERY

Please contact the surgery for results of any blood tests, urine tests, etc., that you have taken.

If we do phone you – we appear as a 'withheld or unknown' number. Due to patient confidentiality we do not normally leave messages on an answer machine for other householders to hear and this can make getting hold of patients by phone really difficult.

Ideally phone us for your results – If we need to contact you make sure we have your up to date best contact number

Our Hub Inspires an Active Community

WDCSH aims include:

- · Growth of participation in Sport and Leisure
- Improved Facilities
- Engage the local community
- Increased membership of local Sports and Leisure clubs
- Offer a range of sporting opportunities
- Improved access to funding



WDCSH ambassador, Tim Baillie, Olympic gold medallist at the London Olympics 2012 in the C2 canoe slalom event

esthill & Disk

Ommunity Sport and Leis

Find out more about the Hub by visiting our Website http://wdcsh.org/ Contact us on: wdcsh@hotmail.com or find us on Facebook

Who We Are?

The Westhill and District Community Sports and Leisure Hub (WDCSH) is a new organisation established by a local group of community members. The group includes interested members of the public, local sports clubs, coaches and volunteers, councillors and the Community Sports Hub Officer from Aberdeenshire council.

The hub aims to bring the community together and provide clear pathways of opportunity in sport and leisure as well as information, advice and support. We aim to make it easier for people of all abilities in the Westhill area to get involved and engage in a more active/healthier lifestyle.

Community Sports Hubs are a **Sport**scotland initiative with 137 established throughout Scotland including eight in Aberdeenshire.



At WDCSH, our 'tag line' is "Our Hub Inspires an Active Community".

Hub Ambassador

We are fortunate to have **Tim Baillie's** agreement to take-on an ambassador role with WDCSH. Olympic gold medallist at the London Olympics 2012 in the C2 canoe slalom event, Tim was brought up in Westhill. He has already demonstrated his commitment to the hub through a presentation and Q&A session he took part in at a WDCSH promotional evening.

Recent Activities

WDCSH hosted a series of sports activities at the recent Westhill Gala. It was supported by Fleet Feet Triathlon club, Westdyke Community Football Club, Westhill Golf Club and Westhill Netball club. A large number of people participated in the Triathlon fun events, 4-a-side football and golf activities. A big thank you to the coaches from each of the clubs that gave their time and energy.

A big thank you and congratulations go to both Kathryn Horne (11) and Lauren McIntosh (age 12), pictured, for inspiring the design of the WDCSH logo. A community art class Westhill kindly in ran a competition to design the logo for the WDCSH with over 25 entries. Well done to all involved as the standard of entries was very high.



WDCSH is a voluntary organisation and we are always looking for opportunities to generate funds for the Hub in order to fulfil our aims and serve the local community. We are very grateful for the recent donations received from Westhill and Elrick Community Council (WECC) and The Garioch Partnership.

In subsequent editions of the Westhill Bulletin we look forward to sharing some of the planned WDCSH initiatives and activities. The Hub is **open for ALL** to get involved whether you are a member of a club or not. Get in touch via email (*wdcsh@hotmail.com*) or come along to our next meeting on Wednesday 16th September, 7pm at Westhill Academy.

Grant Coull WDCSH Chairperson

Westhill and District Senior Citizens Club

A message from the out-going Committee

The Committee members of the Club who have now resigned wish to thank the members for their loyal support over the years and for the generous gifts, floral and otherwise, given at our final lunch at the Holiday Inn on 28th May.

We wish to send our best wishes to the new Committee and we hope the fellowship and friendship of the club will continue to be enjoyed by all existing members and hopefully by some new ones.

Alison Adams, ex President



Duke of Edinburgh's Award

WESTHILL OPEN AWARD GROUP

Contact Katie and Heather at WesthillDoE@aol.co.uk or look online at www.WesthillDoE.co.uk

CONGRATULATIONS TO ALL!

Latest completions at Silver Award level for Jonathan Macdonald and Anna Yeats;

Bronze Award level for Morbheinn Nicol, Callum King, Alex Mills, Adithya Sripada and Jennifer Atkinson

BEST OF GARIOCH 2015 – Westhill Open Award Group were runners up in the Inspiring Aberdeenshire Awards in June. The event at Haddo House was attended by Janet Shaw and Mike Christie, two of five original volunteers with the group since set up in 2007.

EXPEDITION PLANS – 4 Gold teams, 5 Silver teams and 10 Bronze teams have successfully completed their Practice Expeditions. By early September – Scottish weather permitting – all Qualifying Expeditions will also have taken place. Huge thank you to our enthusiastic team of Supervisors and Assessors also Angela Allan, Head of Establishment at Westhill Community Centre who is on call during these events, for making it all possible.

FUNDRAISING EVENT – early July our busy and talented Gold participants held a fundraising event in aid of local Mountain Rescue teams (Aberdeen, Braemar, Cairngorm). Thank you to local businesses Seabrokers, Foxlane, SubSea 7, Anixter, Transition Extreme, and many generous individuals for their donations and support, Special thanks to Westhill Academy Ceilidh Band, speakers Scott Stevens and past participant, Eilidh Nicol. The total, so far, is £661 with more to be added by Bronze participants who have been 'growing' £20 for their Volunteering section. We hope to make this an annual event that you'll want to add to your calendar.

Westhill and District Senior Citizens Club

A message from the new Committee

Just to let you know that Westhill and District Senior Citizen's Club will be continuing from Thursday 1st October 2015, 2pm until 4pm in the Trinity Church Hall, then fortnightly thereafter.

We have 3 persons who are willing to take on the roles of President, Vice President and Treasurer at present. However if you feel that you would like to take on one of these roles we would be pleased to hear from you. If you are willing to take an active part in helping then that would be good – we will need people to help with teas, washing up and just being there to help generally.

We hope to have a varied programme through-out the year and would be grateful for any advice on which speakers/artists you would like to see again and any new ones that you could recommend. We already have some singers and dancers lined up.

Depending on our numbers we are hoping to keep the annual charge for the year at £6 with a charge of £2.50 per person at each meeting.

We have already provisionally booked the Holiday Inn for Christmas Lunch on Thursday 10th December, 12 for 12.30 until around 4pm. Details of costs to be advised.

We look forward to welcoming you back and also any new members.

Please contact me, **Heather Cook**, on **01224 741194** or e-mail *heathercook@tiscali. co.uk*.

WESTHILL WALKING TO HEALTH

A new Health Walk Group is starting in Westhill and our aim is to develop walking in Community settings and Workplaces for people who are currently inactive and would benefit most from physical activity. Walking in a group is a great way to start walking more and stay motivated.

The walks are led by trained volunteers and are low level, social, safe and accessible. Anyone can come along to a Health Walk. The length and the pace of health walks are adapted to suit the pace of the walkers so that they can walk at a level which suits them.

Why Walk?

- · It's free
- You can start slowly and build up gently
- You can walk anywhere and at any time
- You don't need any special equipment just a pair of comfortable shoes
- It's fun
- · It's a chance to make new friends

To find out more about walking in your area, or would like to become a volunteer, please contact Ann Bothwell – Westhill Community Centre on 01224 740089 or email ann. bothwell@aberdeenshire.gov.uk.



'Let Us Do The Letting!'

Special Offer for Landlords!

No Management fee for 3 Months

Interested?? Give us a Call to Discuss! 8% management fee thereafter for first lease

Call: 01224 611606 or Email: info@parkhillproperties.co.uk

Office Located at: 81 Rosemount Place, Aberdeen, AB25 2YE

'A Professional Service By Landlords For Landlords ... Guaranteed!'



Giorgio and Elaine would like to welcome you to our premises in Kirkton of Skene

We are operating as an Italian Restaurant and specialise in traditional Italian dishes and seafood

We welcome you all!

Da Giorgio Trattoria

OPENING TIMES

Monday Closed

Tuesday to Saturday 12pm to 2pm 5pm to 9pm

> Sunday 12pm to 8pm

EARLY BIRD SPECIALS

Main meal served between 5pm & 7pm with tea, coffee or soft drink £7.95

Choice of Haddock, Scampi,
Chicken Fillets, Sausage &
Mash, Gammon Steaks,
Lasagne, Chicken Curry or
Mince & Skirlie
all served with vegetables and
chips or potatoes

LIGHT BITE MENU

Monday to Friday lunchtime only

Prices ranging from £5.95 to £7.50 Soup & sandwich £5.95 Panini £5.95.....

Telephone 01224 743264

Kirkton of Skene, Westhill (premises previously "The Red Star Inn")

USEFUL PHONE NUMBERS

U	SEFUL PHUN
A2B dial-a-bus hotline	01224 665599
Aberdeenshire Council	
All Enquiries	0845 6081207
50+	
Adult Education Classes	01224 740089
Air Training Corps	01224 708807
Ardene House Vets	01224 740700
Ashdale Hall	01224 740137
Bowls Outdoors	01224 742745
Boys' Brigade	01224 742262
Childcare	
Breakfast Club	
After School Club	01224 740089
Holiday Club	
Church of Scotland Minister	. 01224 745955
Citizens Advice Bureau	01224 747714
Community Centre	01224 740089
Community Education	01224 740089
Community Mini-bus	
Dentists' Surgery	
Abercrombie Dental Practi	ce,
NHS - Abercrombie Court	
Prospect Road	01224 745447
Business, Private –	
Ashdale Drive	01224 742513
Westhill Dental Practice,	
Old Skene Road	01224 741339
Arnhall Practice	01224 849484
Doctors' Surgery	01224 849400
Results	01224 849392
Repeat Prescriptions	01224 849393
Electricity Emergency	
Gardening Club	01224 742639
Gas Emergency	0800 111999
Golf Club (Pro)	
Girls' Brigade, 1st Skene	01224 741576
Girl Guides	01224 747741
Lawsondale Pavilion	01224 742836
Library	01224 741312
Nursery	
Bridges	01224 742794
Childcare Info	
Kindergym	
0,	

Mother & Toddlers Groups
Community Wing 01224 740089
Westdyke Leisure Centre 01224 743098
Playgroups
Scout Hall01224 742059
Skene07789 871601
Denman01224 743098
Pharmacy, Lloyds - Shops 01224 742742
Pharmacy, Lloyds - Surgery. 01224 279489
Police (non emergency)101
Post Office (Shops) 01224 740858
Post Office (Ind Est) 01224 740010
Primary Schools
Crombie
Elrick 01224 741900
Skene 01224 743242
Westhill01224 740225
Secondary School, Academy 01224 740111
Scouts01224 740795
Social Work Department 01224 849499
Squash & Fitness
Peter Nicol Centre 01224 742329
Swimming Pool 01224 744933
Tennis Club 01224 741577
Trinity Church 01224 742512
Veterinary, Town & Country 01224 741685
Water Authority 0845 6018 855
Westdyke Leisure Centre 01224 743098
Westhill Bowling Club 01224 744140

Did we get your number right?

Are you missing from the list?



If you need any changes, why not get in touch by email?

wecc.bulletin@westhillelrick.org

INDEX TO ADVERTISERS

Building Trades & Other Tradesmen		Enigma Health & Beauty	
A.D.M. Joinery	38	Flower Arranging Classes	
A.J. Landscapes		Golf Club	
Abby Birnie Plasterer		Happy Barber	
Able Fencing Services		Heather Wood Physiotherapy	
Ace of Trades		Holiday Apartments	
Anson Mackay Garden Design & Construction		Holiday Villa Costa Blanca	
Aspect Building Design		Hypnobirthing	
Blue Flame Heating		Jazzercise	
Bob Deans painter & decorator		Kirkton of Skene Playgroup	
Braemoral Joinery		Low & Co Hair Design	
City & Shire Domestics		Musical Steps	
Culter Electrical & Plumbing		Natural Nails Pam Dignan Dancers	
Cutting Edge Rethrooms			
Cutting Edge Bathrooms		Piano & Voice by Jessica	
David Massie Carpentry & Joinery Dean, Chartered Land Surveyor		Serenity Nails	
DGC Joinery Services		Sooyang Do Martial Arts	
Docea Painting & Decorating		Team Dance	
Electro-Tek Electrical Contractor		Trudi Deans Foot Health Care	
F J Moir, Fencing Contractor		West with Style	
Flames		Westhill Health & Therapies Practice	
Forbes Plumbing & Heating Services		Zen Beauty	
Friendly Hills Roofing Services		•	
Greenthumb Lawn Treatment Service		Professional Services A Cute Cut	00
Groundwater Building Design		Aberdeen Blind Specialists	
John Findlater (Skene) Ltd		Aberdein ConsidineOutside Ba	
John Mullen joinery		Alison Donaldson Chartered Accountant	
K. Milne Plumbing & Heating	25	Ardene House Veterinary Practice	
Kevin Allan, Painter & Decorator	70	Bike Repairs	
Kirkwood Homes	Inside Back	Blinds Direct	
Kut-and-Strim	59	Busy Days Dog Care	
Lister Domestic Electrical	18	Creative Interiors	
Little Plumber		Dee Valley Blinds	
Mark Mennie Glazier		Dim Bim Cakes	
McKay Architectural Design Ltd		DoggyDudes	
Midmar Timber Centre		ESP Book-keeping Services	
Nicol of Skene Ltd		Forbes Lawson - 2015 Pension Changes Advice	48
Painting & Decorating		Forbes Lawson Financial Planners	48
Perfectshine		Grampian Accounting	40
Star Bathrooms		Mike Mair Architectural Services	78
Stewart Milne Homes		Oven Valet	
T&M Slating		Ovenu oven valeting service	
The Handyman Can		Parkhill Property Leasing	
Westhill Bathrooms		PawPal	
Westhill Electrical Services		PC Paul	
Westhill Fencing & Decking		PC Repair Dan Docea	
Westhill Joinery & Building Services		Photos To DVD	
		Saji Dress Design	
Transport & Driving	40	Sew Swift	
AA Driving School – Bert Smith		The Cleaning Company	
Crescent Cars		Westhill Guitar Studio	
D.S.L. Taxi Westhill		WPJ Mortgages & Financial Services	
Duncan's Taxi		Restaurants	
		Broadstraik Inn	
Spectrum Driver Training Vans 2 U		Da Giorgio Trattoria	
Westhill Community Minibus		Four Mile House	
Westhill Driving School		Garlogie Inn	
· ·	10	Low's Fish & Chips	
Health & Leisure		Luigi's Restaurant, Holiday Inn	47
Be Bonnie		Retail	
Beauty with Style		Florist Ann Westwood	74
Choi Kwang Do		Flower Passion	
City of Roses Chorus		Foxlane at Carnie	
Curves Westhill		GPH Builders Merchants	
Dans Centre		The Blue Door Charity Shop	
Digital Photography Classes	6	The Flooring Lodge	63

NEW VIEW HOME

- ONLY FIVE MILES FROM WESTHILL -





COWDRAY FIELDS, ECHT

Plot 11, MELVILLE: a five bedroom luxury home. Three bedrooms with en-suite, large living room, formal dining room, spacious kitchen and family room. Luxury specification includes: integrated Siemens appliances to luxury German Leicht kitchens; Villeroy and Boch sanitaryware and Porcelanosa tiling – luxury comes as standard.

FIXED PRICE £559,995
plus £14,000 worth of upgrades
and £10,000 flooring package included*

Showhome Open: Thurs to Mon 11am-5pm Call: 01330 860892.

Find out more at: www.kirkwoodhomes.co.uk/cowdrayfields

Cowdray Fields is situated within the historic village of Echt only five miles from Westhill & 12 miles from Inverurie.

COMING SOON

Exciting new developments: Woodlands of Durris,
Laurencekirk and
Blackdog (by Balmedie)

*plot-specific, terms and conditions apply. Enquire with our sales adviser.





Thinking of selling? We have **1,800 people** waiting to buy. Book a **free valuation** today.

property | legal | financial

